

PE at Norton Infant School

At Norton Infant School we have recently adopted the 'Real PE' curriculum. This new and fun programme provides exciting opportunities for the children to develop their fundamental skills in agility, balance and coordination (ABCs) with an emphasis on healthy competition and cooperative learning. The children 'visit' imaginary locations and become such things as astronauts on the moon, pirates on a ship or chimpanzees in a zoo, where they practice and develop fundamental skills through a creative and stimulating approach.

Each year the children will revisit these settings to develop and extend their skills further, ensuring that progression is clear and evident as the children move through our school.

The following shows the skills that are taught, practiced and developed throughout the children's four years at Norton Infant School.

Static Balance One Leg Standing	Static Balance Seated	Static Balance Floor Work	Static Balance Small Base
Dynamic Balance	Dynamic Balance into agility	Counter Balance in pairs	Coordination with equipment
Coordination Ball Skills	Coordination Floor Movement Patterns	Agility Ball Chasing	Agility Reaction/Response

If you would like to find out more about the Real PE curriculum please follow the link below.
<http://www.createdevelopment.co.uk/>