



Food in school Policy

PERSON RESPONSIBLE FOR POLICY:	MRS LOUISE PONSONBY
APPROVED:	MARCH 2017
SIGNED:	ROLE: CHAIR OF GOVERNORS
TO BE REVIEWED:	MARCH 2018

Introduction

This policy attempts to ensure that all aspects of food and nutrition in school promote health and well being of pupils staff and visitors to our school.

Equal opportunitites

We believe in providing an equal opportunity for every child, regardless of sex, race, gender, religion, physical or academic abilities to fulfil their potential. We recognise that equal opportunities do not necessarily mean the same curriculum for all. We actively promote disability equality for all our pupils and other members of the community.

Organisation

- Children are taught about healthy eating at a level appropriate for their age and understanding, through Design and Technology, Science, and Personal , Social and Health Education. They are also taught the skills to develop and maintain a healthy lifestyle. Children are given opportunities to practice these skills, using role play and cookery activities.
- The school participates in national events and initiatives. For example The National School fruit scheme and Healthy Living and Learning Standards
- The school collects a variety of vouchers from supermarket chains where outdoor play equipment is redeemable.
- Children are provided with a nutritionally well balanced lunch every day. Meals are served in the hall with children having a choice of two main courses, a variety of vegetables or salad and a hot or cold pudding.
- School provide free lunches for every child. All children are encouraged to try new foods in a sensitively. If a packed lunch option is chosen by parents, children are encouraged to bring a healthy lunch box to school and the Packed Lunch Policy is sent home to parents. Water is provided by school.
- The dinnertime supervisors reward the children for eating there lunch and good behaviour through verbal praise and stickers.
- Free milk is provided by 'Cool Milk' for those children under 5 through an initial parental request form on entry to Nursery. Once a child has reached the age of 5, parents can request milk for their child through Cool milk who will

set up a payment method. School are informed on a weekly basis which children require milk in each class.

- Children are encouraged to bring a bottle of water to school. A water fountain is accessible to all children.
- The school council provides opportunities for the children to give feedback about the healthy choices and lunch time organisation in school.
- Christmas Party. School catering continues to provide the school lunch on this day. Parents are asked to make a voluntary contribution of health snacks and treats as part of the Christmas festivities.
- One child has a peanut allergy in school. Alternative arrangements are made to ensure this child's safety when other children bring in treats from home. Eg Birthday buns.
- Parents are encouraged to inform school if their child has food intolerance through an initial personal information request form. A meeting will take place with parents, school and catering staff in order to organise meals which will meet the needs of individual children. Eg Gluten. A care plan will be put in place as and when required if medication needs to be administered in the likely hood of a child going into anaphylactic shock.

The policy has been constructed with reference to the Food in schools tool kit and links to the school's policies for:

PSHCE
Design and Technology
Science

Louise Ponsonby
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