

Counselling & Advice Helpline

employee
assistance

We're here to help

- ✓ Free & confidential
- ✓ Counselling support
- ✓ Legal & financial advice

Call us free 24/7

0800 328 1437

From outside the UK:
+44 (0) 1482 661814

Or go online:

employeeassistance.org.uk

You will need to use your organisation's
access code:



Mental Health



Money



Wellness



Addiction



Work



Family



Law



Older People



Managers