

DASSN – Domestic Abuse Support Service Northumberland

<https://www.northumberland.gov.uk/Protection/Violence.aspx>

Harbour Support Services is a specialist domestic abuse service that offers support to those living in Northumberland.

Harbour can provide a range support services to both victims and perpetrators of domestic abuse.

Harbour works with families and individuals who are affected by abuse from a partner, former partner or other family member.

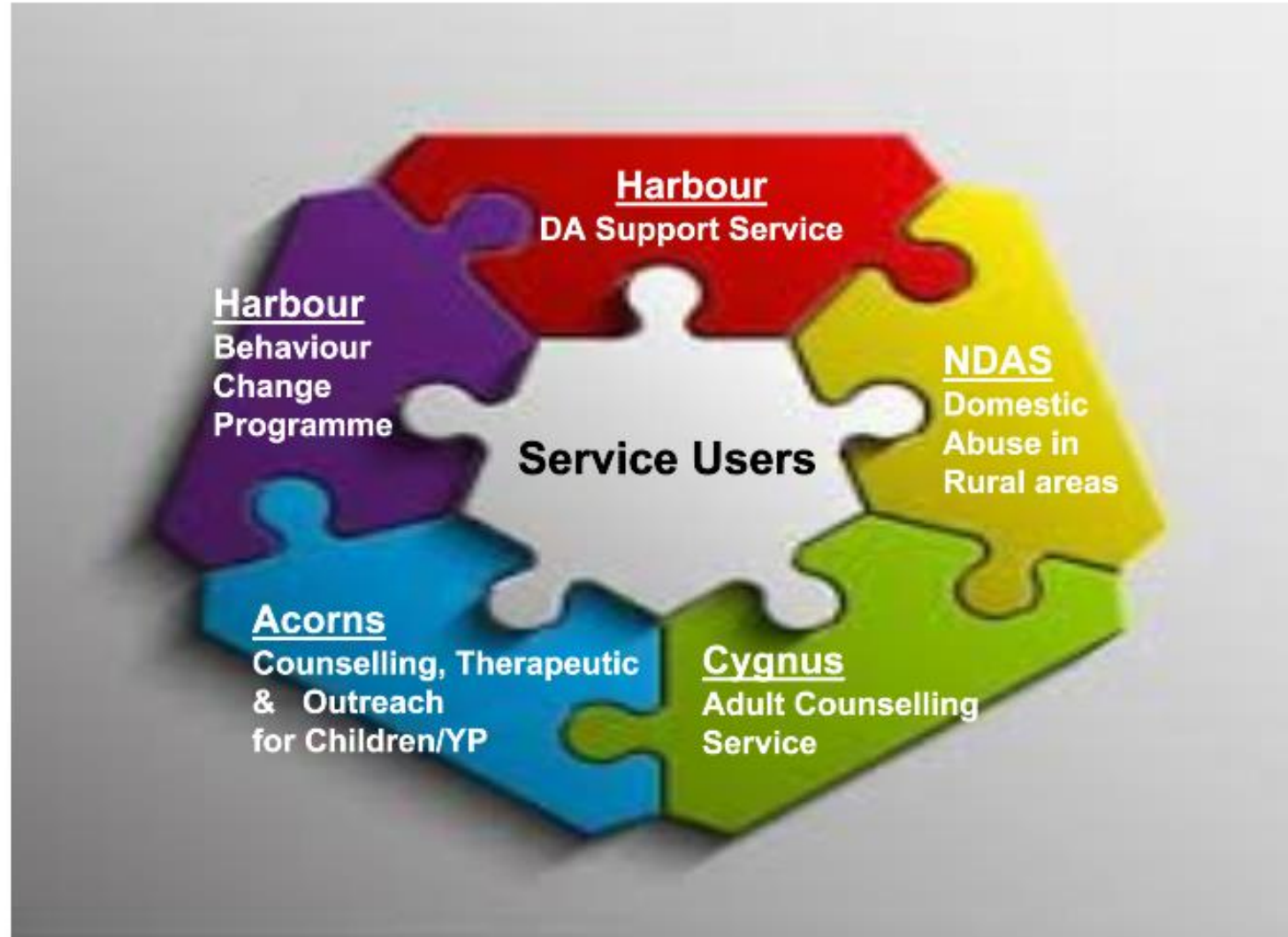
They offer a range of services to help those experiencing abuse, including:

- Refuge accommodation
- Outreach/Assertive support
- Empowerment Groups
- Preventions Service
- This is our **Safety Plan** - it helps you think about how you can increase your safety either within the relationship or if you decide to leave.

Contact information:

- Northumberland telephone: **01670 820199** (24 hours, seven days a week)
- Harbour Support Service main office: **03000 20 25 25**
- Email: [**info@myharbour.org.uk**](mailto:info@myharbour.org.uk)
- Website: [**www.myharbour.org.uk**](http://www.myharbour.org.uk)

Northumberland's Integrated Domestic Abuse Support Service





Northumberland Domestic Abuse Service

NDAS has been providing domestic abuse services across Northumberland since 2008 supporting those affected by or experiencing domestic abuse living in Northumberland. They provide free and confidential services to everyone, services are inclusive and non-discriminatory.

Services include:

- **Immediate Response** (9am – 5pm weekdays)
 - **Domestic Abuse Practitioners** provide personalised practical and emotional support
 - **Counselling** for the children and young people of our clients
 - **Domestic Abuse Programmes** delivered to people affected by domestic abuse
 - **Prevention and awareness-raising activities and training**, to children and young people in school and youth group settings, to local communities and professionals
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- Telephone: 01434 608030 (9.00am – 5.00pm)
 - **Webchat** (9.30am – 3.00pm Monday to Friday)



Cygnus Support is a wellbeing service and registered charity supporting anyone over 14 years of age to achieve better mental health and emotional wellbeing.

Cygnus Support provides the following services free of charge to people living in Northumberland:

- One to one counselling and psychotherapy
- Specialist counselling for people who have experienced or are still experiencing domestic abuse and for victims of crime including sexual violence or assault
- Recovery Toolkit Course for survivors of domestic abuse
- Women's only drop in service
- Wellbeing courses e.g. relaxation, Tai Chi

They deliver services in their 5 hub areas of Ashington, Blyth, Hexham, Alnwick and Berwick.

- **Telephone:** 01670 853977
- **Email:** Admin@cygnussupport.com (for general enquiries) or Counselling@cygnussupport.com (for counselling enquiries and to make a referral)
- **Website:** www.cygnussupport.com
- **Twitter:** @CygnusSupport1

Acorns works with children, young people and families affected by domestic abuse, and we are now offering the following services in Northumberland:

Counselling and play therapy

Children & Young People's Outreach

The team of outreach workers can provide both practical and emotional support, including the following:

- Psychoeducation and support plans based on individual needs
- Emotional and therapeutic support
- Advocacy
- Information and advice and signposting
- Flexible wrap around support for young people age 13+

Referral form and guidance: please email referrals@acornsproject.org.uk

Advice or queries: please call 0191 3498366

More information: see our website www.acornsproject.org.uk



acorns

The Domestic Abuse Champions for the Virtual School Team are:

- Carol Leckie - 07584 313178
- Emma Wilson - 07966 330432
- Justine Clephane - 07879 8741 68

The champion's role is to answer any questions you might have regarding support and to signpost colleagues to the most appropriate service for your individual needs.

For further information about domestic abuse you can contact a Champion

