

# Year 4 PSHE/RSE Curriculum



Autumn	Families and Relationships	Citizenship
Year 4	<ul style="list-style-type: none"> <li>- To understand the different roles related to bullying including the victim, bully and bystander.</li> <li>- To understand that everyone has the right to decide what happens to their body.</li> <li>- To understand the courtesy and manners which are expected in different scenarios.</li> <li>- To understand some stereotypes related to disability.</li> <li>- To know that bereavement describes the feeling someone might have after someone dies or following another big change in their lives.</li> </ul>	<ul style="list-style-type: none"> <li>- To name the British Values and explain Democracy.</li> <li>- To know that human rights are specific rights that apply to all people.</li> <li>- To know some of the people who protect our human rights such as police, judges and politicians.</li> <li>- To know that reusing items is of benefit to the environment.</li> <li>- Understand that communities are made up of different groups.</li> <li>- Explain what different people bring to a community.</li> </ul>
Spring	Health and Wellbeing	Safety and the changing body
Year 4	<ul style="list-style-type: none"> <li>- To know that visualisation means creating an image in our heads.</li> <li>- To know that it is normal to experience a range of emotions.</li> <li>- Explain some emotions people might feel in different situations.</li> <li>- To know that mental health refers to our emotional wellbeing, rather than physical.</li> <li>- To understand that mistakes can help us to learn.</li> <li>- To know who can help if we are worried about our own or other people's mental health.</li> </ul>	<ul style="list-style-type: none"> <li>- To understand that there are risks to sharing things online.</li> <li>- Explain some of the risks of sharing some images online.</li> <li>- To know the difference between private and public.</li> <li>- Explain the difference between a secret and a surprise.</li> <li>- To understand the risks associated with smoking tobacco.</li> <li>- To understand the physical changes to both male and female bodies as people grow from children to adults.</li> </ul>
Summer	Careers	Economic Well Being
Year 4	<ul style="list-style-type: none"> <li>- To know what ambition means.</li> <li>- Understand the likelihood of job or career changes.</li> <li>- Describe a range of influences on career choices.</li> <li>- Identify workplace stereotypes.</li> <li>- How to challenge workplace stereotypes.</li> <li>- Identify a job or career they would like to do.</li> </ul>	<ul style="list-style-type: none"> <li>- How to determine value for money.</li> <li>- Factors influencing buying decisions.</li> <li>- Importance of monitoring and tracking money.</li> <li>- Role and features of bank accounts.</li> <li>- Methods for safeguarding money.</li> </ul>