

Year 3 PSHE/RSE Curriculum



Autumn	Families and Relationships	Citizenship
Year 3	<ul style="list-style-type: none"> - To know that I can talk to trusted adults or services such as Childline if I experience family problems. - To know that bullying can be physical or verbal. - To know that bullying is repeated, not a one-off event. - To know that violence is never the right way to solve a friendship problem. - To know that trust is being able to rely on someone and it is an important part of relationships. - To understand some stereotypes related to age. 	<ul style="list-style-type: none"> - To understand the British Value; Rule of Law. - To understand the UN Convention on the Rights of the Child. - To know that the local council is responsible for looking after the local area. - To know that elections are held where adults can vote for local councillors. - To understand some of the consequences of breaking rules. - To understand the role of charities in the community.
Spring	Health and Wellbeing	Safety and the changing body
Year 3	<ul style="list-style-type: none"> - To understand ways to prevent tooth decay. - To know the different food groups and how much of each of them we should have to have a balanced diet. - To understand the importance of belonging. - Understand what identity means. - To understand what being lonely means and that it is not the same as being alone. - To understand what a problem or barrier is and that these can be overcome. 	<ul style="list-style-type: none"> - To understand that cyberbullying is bullying which takes place online. - To explain how to get help in an emergency. - To know the rules for being safe near roads. - Identifying unsafe things people might do near roads unsafe. - Understand that there are people who will influence what I choose. - Explain how someone's influence might not be good for me.
Summer	Careers	Economic Well Being
Year 3	<ul style="list-style-type: none"> - Know what is a job sector is. - Understand that individual talents should guide career choices. - Understand that anyone can aspire to any career. - Understand that stereotypes exist for certain jobs. - Understand what an achievement is. - Know how to set goals. 	<ul style="list-style-type: none"> - The pros and cons of different payment methods. - The reasons for spending money. - The benefits of budgeting. - The emotional impact of money. - The societal and environmental impact of spending choices. - The range of jobs and opportunities available.