

Year 2 PSHE/RSE Curriculum



Autumn	Families and Relationships	Citizenship
Year 2	<ul style="list-style-type: none"> - To explain how families can be made up of different people. - To name some problems which might happen in friendships. - To understand what good manners are. - To understand some stereotypes related to jobs. - To know that there are ways we can remember people or events. 	<ul style="list-style-type: none"> - To know the names of the British Values; Democracy, Rule of Law, Individual Liberty, Mutual Respect and Tolerance. - To understand how democracy works in school through the school council. - To know some of the different places where rules apply. - To know that some rules are made to be followed by everyone and are known as ‘laws’. - To understand that everyone has similarities and differences.
Spring	Health and Wellbeing	Safety and the changing body
Year 2	<ul style="list-style-type: none"> - To know that food and drinks with lots of sugar are bad for our teeth. - To understand the importance of exercise to stay healthy. - To understand the balance of foods we need to keep healthy. - To know that we can feel more than one emotion at a time. - To know that a growth mindset means being positive about challenges and finding ways to overcome them. 	<ul style="list-style-type: none"> - To know the PANTS rule. - To know that I should tell an adult if I see something that makes me uncomfortable online. - To understand the difference between secrets and surprises. - To know that medicine can help us when we are ill. - To understand that we should only take medicines when a trusted adult says we can. - To know the names of parts of my body, including private parts.
Summer	Careers	Economic Well Being
Year 2	<ul style="list-style-type: none"> - To know what a career is. - That different jobs require different skills, strengths and interests. - What it means to be resilient. - What it means to be independent. - Name and explain different jobs of some people in the community (Careers week). 	<ul style="list-style-type: none"> - That some adults earn money by having a job. - What a bank account is. - What a bank account card is used for. - The concept of saving money and understanding its benefits for future goals or things they want to buy. - The difference between a ‘want’ and ‘need’.