

Reception PSHE/RSE Curriculum



	Self Regulation
Reception	<p>During the course of the year, through stories, provision and teaching, children will learn to:</p> <ul style="list-style-type: none"> - Show an understanding of their own feelings and those of others. - Begin to regulate their behaviour accordingly. - Set and work towards simple goals. - Being able to wait for what they want and control their immediate impulses when appropriate. - Give focused attention to what the teacher says. - Responding appropriately even when engaged in an activity. - Show an ability to follow instructions involving several ideas or actions.
	Building Relationships
Reception	<ul style="list-style-type: none"> - Be confident to try new activities. - Show independence, resilience and perseverance in the face of challenge. - Explain the reasons for rules. - Know right from wrong and try to behave accordingly. - Manage their own basic hygiene and personal needs, including dressing, going to the toilet. - Understanding the importance of healthy food choices.
	Managing Self
Reception	<ul style="list-style-type: none"> -Work and play cooperatively and take turns with others. -Form positive attachments to adults and friendships with peers. -Show sensitivity to their own and to others' needs.