



Key Stage 2 – PE

Swimming

S1 - swim competently, confidently and proficiently over a distance of at least 25 metres

Not Met

Shallow

Emerging

Developing

Deepening

Functional

S2 - use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]

Not Met

Shallow

Emerging

Developing

Deepening

Functional

S3 - perform safe self-rescue in different water-based situations.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.