



Key Stage 3-4 PHSEE

Managing Feelings – Encountering

MF1 — Self-esteem & unkind comments

Respond with curiosity to stimuli about all the different ways in which we are special.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

MF2 — Strong feelings

Respond to stimuli about different feelings we might experience.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

MF2 — Strong feelings

Respond to stimuli about how different feelings may be expressed.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

MF3 — Romantic feelings and sexual attraction

Respond with interest to stimuli about people we like or know.

Not Met

Shallow

Emerging

Developing

Deepening

Functional



Key Stage 3-4 PHSEE

Managing Feelings – Foundation

MF1 — Self-esteem & unkind comments

Identify feelings associated with feeling good about ourselves.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

MF2 — Strong feelings

Describe how we might feel, look and sound when we are happy or unhappy

Not Met

Shallow

Emerging

Developing

Deepening

Functional

MF2 — Strong feelings

Identify a range of feelings, where we might feel them in our body, and how they might make us behave.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

MF3 — Romantic feelings and sexual attraction

Identify what it means to like someone.

Not Met

Shallow

Emerging

Developing

Deepening

Functional



Key Stage 3-4 PHSEE

Managing Feelings – Core

MF1 — Self-esteem & unkind comments

Identify things we can do which help us to feel good about ourselves.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

MF2 — Strong feelings

Recognise when others may be feeling happy or unhappy from their facial expression and body language.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

MF2 — Strong feelings

Describe strong emotions (e.g. anger, fear, frustration, excitement, anxiety, jealousy).

Not Met

Shallow

Emerging

Developing

Deepening

Functional

MF3 — Romantic feelings and sexual attraction

Describe the difference between 'liking' someone and 'fancying' someone

Not Met

Shallow

Emerging

Developing

Deepening

Functional



Key Stage 3-4 PHSEE

Managing Feelings – Development

MF1 — Self-esteem & unkind comments

Identify things that we may say or do that could affect how we or others feel about us.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

MF1 — Self-esteem & unkind comments

Identify things that others may say or do that could affect how we feel about ourselves.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

MF2 — Strong feelings

Not Met

Shallow

Emerging

Developing

Deepening

Functional

MF2 — Strong feelings

Give examples of when we might feel strong emotions

Not Met

Shallow

Emerging

Developing

Deepening

Functional

MF2 — Strong feelings

Describe some simple strategies we can use to feel and stay happy.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

MF2 — Strong feelings

Identify how we can help others who may be feeling unhappy

Not Met

Shallow

Emerging

Developing

Deepening

Functional

MF2 — Strong feelings

Identify whom to ask or tell if we are feeling unhappy and/or need help.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

MF3 — Romantic feelings and sexual attraction

Explain how part of growing up might be to experience strong feelings about people we like or fancy

Not Met

Shallow

Emerging

Developing

Deepening

Functional



Key Stage 3-4 PHSEE

Managing Feelings – Enrichment

MF1 — Self-esteem & unkind comments

Explain the difference between helpful/kind and unhelpful/unkind comments.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

MF1 — Self-esteem & unkind comments

Demonstrate simple strategies to help manage our feelings about unhelpful/unkind comments.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

MF2 — Strong feelings

Identify some responses to feeling unhappy that might be unhelpful and give reasons why they are unhelpful.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

MF2 — Strong feelings

Describe how when we feel strong emotions we might feel like doing something we wouldn't usually do; how this could affect ourselves or other people.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

MF2 — Strong feelings

Describe how to manage strong emotions by using simple strategies to help ourselves and others.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

MF3 — Romantic feelings and sexual attraction

Explain that people can 'like' or 'fancy' someone of the same or different gender, race, ability or religion.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

MF3 — Romantic feelings and sexual attraction

Demonstrate appropriate use of the vocabulary associated with sex, sexual reproduction, gender identity and sexual orientation.

Not Met

Shallow

Emerging

Developing

Deepening

Functional



Key Stage 3-4 PHSEE

Managing Feelings – Enhancement

MF1 — Self-esteem & unkind comments

Demonstrate polite and assertive ways of challenging unkind comments directed at us or others

Not Met

Shallow

Emerging

Developing

Deepening

Functional

MF2 — Strong feelings

Explain or demonstrate things we can do to help and support others when they are experiencing strong emotions.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

MF2 — Strong feelings

Recognise signs that we or someone we know might need help to cope with strong emotions and whom to speak to

Not Met

Shallow

Emerging

Developing

Deepening

Functional

MF2 — Strong feelings

Identify reliable and trustworthy sources of support for a range of relevant issues, including online (e.g. Childline, Thinkuknow.co.uk).

Not Met

Shallow

Emerging

Developing

Deepening

Functional

MF3 — Romantic feelings and sexual attraction

Recognise that everyone of all genders and sexual orientation is unique, special and worthy of respect.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

MF3 — Romantic feelings and sexual attraction

Identify reliable sources of advice and explain how to seek advice and help regarding gender, sexuality and intimate relationships, including managing feelings about these.

Not Met

Shallow

Emerging

Developing

Deepening

Functional