



Key Stage 3-4 PHSEE

Changing and Growing – Encountering

CG1 — Puberty

Respond with curiosity to stimuli about the ways in which we change as we get older.

Not Met	Shallow	Emerging	Developing	Deepening	Functional
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CG2 — Friendship

Respond to stimuli about different kinds of friendship.

Not Met	Shallow	Emerging	Developing	Deepening	Functional
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CG3 — Healthy/unhealthy relationship behaviours

Respond with curiosity to stimuli about different positive relationships we have in our lives.

Not Met	Shallow	Emerging	Developing	Deepening	Functional
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CG4 — Intimate relationships, consent & contraception

Respond to stimuli about romantic relationships.

Not Met	Shallow	Emerging	Developing	Deepening	Functional
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CG5 — Long term relationships and parenthood

Respond to stimuli about different kinds of families and different kinds of relationships in families

Not Met	Shallow	Emerging	Developing	Deepening	Functional
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CG5 — Long term relationships and parenthood

Respond to stimuli about parenthood.

Not Met	Shallow	Emerging	Developing	Deepening	Functional
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Key Stage 3-4 PHSEE

Changing and Growing – Foundation

CG1 — Puberty

Identify some of the different ways we have changed as we have grown older.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

CG2 — Friendship

Describe what having or being a friend means.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

CG2 — Friendship

Identify different kinds of friendship and ways in which friendship is important.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

CG3 — Healthy/unhealthy relationship behaviours

Identify some key features of positive friendships/ relationships, and how they can make us feel.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

CG3 — Healthy/unhealthy relationship behaviours

Identify times when we might feel angry or sad because of someone's behaviour towards us.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

CG4— Intimate relationships, consent & contraception

Identify instances in or out of school when we might need to seek permission or receive consent.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

CG4— Intimate relationships, consent & contraception

Demonstrate how to ask for permission (get consent) before we borrow or take something from someone.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

CG4— Intimate relationships, consent & contraception

Demonstrate ways to indicate to others that we are happy/willing or not happy/unwilling to do something (giving and not giving permission/ consent).

Not Met

Shallow

Emerging

Developing

Deepening

Functional

CG4— Intimate relationships, consent & contraception

Identify the similarities and differences between friendships and romantic/ intimate relationships.

Not Met

Shallow

Emerging

Developing

Deepening

Functional



CG4— Intimate relationships, consent & contraception					
Identify whom we can talk to about relationships.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG5 — Long term relationships and parenthood					
Give examples of different types and features of committed, long-term relationships.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG5 — Long term relationships and parenthood					
Identify adults we know who are in a long term relationship (e.g. married, in a civil partnership, living together, engaged).					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG5 — Long term relationships and parenthood					
Identify what being in a family means.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional



Key Stage 3-4 PHSEE

Changing and Growing – Core

CG1 — Puberty

Describe some of the new opportunities and responsibilities we have experienced as we have grown older

Not Met

Shallow

Emerging

Developing

Deepening

Functional

CG1 — Puberty

Identify some of the different stages of change as people progress from birth to adulthood (physical, emotional, social).

Not Met

Shallow

Emerging

Developing

Deepening

Functional

CG1 — Puberty

Explain why puberty happens.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

CG2 — Friendship

Identify occasions when we might need the support of friends.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

CG2 — Friendship

Give examples of how we can show support to our friends

Not Met

Shallow

Emerging

Developing

Deepening

Functional

CG2 — Friendship

Describe how we can let friends know that we need their help and support.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

CG3 — Healthy/unhealthy relationship behaviours

Identify our expectations of friendships/ relationships (e.g. spending time together, sharing interests).

Not Met

Shallow

Emerging

Developing

Deepening

Functional

CG3 — Healthy/unhealthy relationship behaviours

Describe the positive qualities people bring to relationships (e.g. kindness, support, being able to compromise, listening, sharing feelings or worries).

Not Met

Shallow

Emerging

Developing

Deepening

Functional

CG4 — Intimate relationships, consent & contraception

Identify different types of intimate relationships including same-sex relationships.

NCEA Castle School – PHSEE Key Stage 3-4 Assessment Criteria



Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG4 — Intimate relationships, consent & contraception Describe how strong emotions (including sexual attraction) might make people feel.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG4 — Intimate relationships, consent & contraception Explain what seeking and giving/not giving consent means in relationships, that we have the right to say ‘no’ or ‘please stop’ to anything we feel uncomfortable about, and demonstrate how we might do this.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG4 — Intimate relationships, consent & contraception Recognise what sex means, what happens during sexual activity and that consequences of sex might include pregnancy and sexually transmitted infections (STIs).					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG4 — Intimate relationships, consent & contraception Recognise that contraception, including condoms, can help prevent pregnancy and some STIs					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG4 — Intimate relationships, consent & contraception Explain the difference between appropriate and inappropriate relationship behaviours in public places.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG5 — Long term relationships and parenthood Explain that marriage, (including same-sex marriage) civil partnerships and living together are choices that couples might make as part of their commitment to each other.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG5 — Long term relationships and parenthood Recognise what ‘adopted’, ‘fostered’, or ‘looked after’ mean in terms of families					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG5 — Long term relationships and parenthood Recognise that some relationships will end— meaning that a couple don’t go out together, or live together any more.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG5 — Long term relationships and parenthood Identify whom we can talk to if we’re worried about relationships changing/ ending.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional



Key Stage 3-4 PHSEE

Changing and Growing – Development

CG1 — Puberty

Describe the specific physical and emotional changes that happen during puberty, including menstruation, wet dreams, skin and voice changes, body hair, mood swings.

Not Met	Shallow	Emerging	Developing	Deepening	Functional
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CG1 — Puberty

Explain aspects of personal hygiene that we can take responsibility for, and why this is important during puberty.

Not Met	Shallow	Emerging	Developing	Deepening	Functional
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CG2 — Friendship

Identify occasions when our friends might need our support.

Not Met	Shallow	Emerging	Developing	Deepening	Functional
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CG2 — Friendship

Explain that we might disagree with someone and still be friends.

Not Met	Shallow	Emerging	Developing	Deepening	Functional
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CG2 — Friendship

Demonstrate ways to manage friendship disagreements restoratively.

Not Met	Shallow	Emerging	Developing	Deepening	Functional
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CG2 — Friendship

Recognise that friends do not always know what is best for each other.

Not Met	Shallow	Emerging	Developing	Deepening	Functional
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CG3 — Healthy/unhealthy relationship behaviours

Explain how we expect people to behave towards us in friendships and relationships.

Not Met	Shallow	Emerging	Developing	Deepening	Functional
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CG3 — Healthy/unhealthy relationship behaviours

Identify the differences between positive/healthy and negative/unhealthy relationships.

Not Met	Shallow	Emerging	Developing	Deepening	Functional
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CG3 — Healthy/unhealthy relationship behaviours



Identify people we can talk to about relationships.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG4 — Intimate relationships, consent & contraception					
Define what intimacy means.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG4 — Intimate relationships, consent & contraception					
Identify readiness (emotional, physical and social) for a relationship that may include sex.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG4 — Intimate relationships, consent & contraception					
Identify expectations we may have of being in a romantic/intimate/physical relationship, which may include sex.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG4 — Intimate relationships, consent & contraception					
Recognise that although it may seem (in the media etc.) that everyone is having a sexual relationship, in this is not the case.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG4 — Intimate relationships, consent & contraception					
Describe simple ways to check if consent is being given and ways of assertively giving, not giving and withdrawing consent.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG4 — Intimate relationships, consent & contraception					
Explain that there are laws about the legal age of consent for sexual activity					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG4 — Intimate relationships, consent & contraception					
Identify how others may manipulate/persuade us to do things we do not want to do or do not like.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG4 — Intimate relationships, consent & contraception					
Describe ways we can take care of our own sexual health and that of others (e.g. using condoms to help prevent STIs).					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG4 — Intimate relationships, consent & contraception					
Identify where and how to obtain condoms and describe how to use them safely.					

NCEA Castle School – PHSEE Key Stage 3-4 Assessment Criteria



Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG4 — Intimate relationships, consent & contraception Identify sources of support with relationships and sex.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG5 — Long term relationships and parenthood Identify what the differences might be between feeling ready for a relationship, feeling ready for a sexual relationship and being ready to be a parent.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG5 — Long term relationships and parenthood Identify some of the responsibilities of being a parent.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG5 — Long term relationships and parenthood Recognise different ways a person can become pregnant, including assisted conception, donor conception.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG5 — Long term relationships and parenthood Identify possible reasons why people might choose to adopt or foster children or young people.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG5 — Long term relationships and parenthood Explain that no-one can be forced to marry someone; that this is always wrong; that the person trying to force someone to marry is committing a very serious crime no matter who they are or what they say.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG5 — Long term relationships and parenthood Identify what we can do and whom we could tell if we think someone is being forced to marry someone.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional



Key Stage 3-4 PHSEE

Changing and Growing – Enrichment

CG1 — Puberty

Identify the functions of the reproductive organs, including how conception occurs

Not Met	Shallow	Emerging	Developing	Deepening	Functional
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CG1 — Puberty

Describe the different stages of reproduction, pregnancy and birth.

Not Met	Shallow	Emerging	Developing	Deepening	Functional
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CG2 — Friendship

Describe ways in which friendships might change over time.

Not Met	Shallow	Emerging	Developing	Deepening	Functional
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CG2 — Friendship

Explain that sometimes friendships may end, through choice or circumstances.

Not Met	Shallow	Emerging	Developing	Deepening	Functional
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CG2 — Friendship

Demonstrate strategies for managing feelings about friendships as they change and develop.

Not Met	Shallow	Emerging	Developing	Deepening	Functional
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CG3 — Healthy/unhealthy relationship behaviours

Identify the aspects of relationships that we are responsible for (e.g. being respectful, honest and kind).

Not Met	Shallow	Emerging	Developing	Deepening	Functional
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CG3 — Healthy/unhealthy relationship behaviours

Identify positive strategies to manage inappropriate behaviour towards us.

Not Met	Shallow	Emerging	Developing	Deepening	Functional
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CG3 — Healthy/unhealthy relationship behaviours

Recognise that some types of behaviour within relationships are against the law (e.g. hitting/ hurting someone, telling someone what to do all the time, not allowing someone to make choices).

Not Met	Shallow	Emerging	Developing	Deepening	Functional
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CG3 — Healthy/unhealthy relationship behaviours

Identify what we can do if we are worried or concerned about an unhealthy relationship

Not Met	Shallow	Emerging	Developing	Deepening	Functional
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CG4 — Intimate relationships, consent & contraception					
Identify different levels of intimacy (physical/sexual) within relationships and their associated risks.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG4 — Intimate relationships, consent & contraception					
Describe ways to manage others' expectations in relationships and our right not to be pressurised to do anything we do not want to do.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG4 — Intimate relationships, consent & contraception					
Explain that if someone fails to respect another person's right to not give their consent, then they are committing a serious crime.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG4 — Intimate relationships, consent & contraception					
Demonstrate different strategies to deal with manipulation/persuasion in relationships.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG4 — Intimate relationships, consent & contraception					
Recognise that the portrayal of sex in the media and social media (including pornography) is an unrealistic representation of sexual behaviour and can affect people's expectations of relationships and sex.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG4 — Intimate relationships, consent & contraception					
Describe some forms of contraception, their correct use and where and how they can be accessed.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG4 — Intimate relationships, consent & contraception					
Explain what STIs are (including HIV), how they can be tested for and why it is important that they are treated.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG4 — Intimate relationships, consent & contraception					
Explain how and when to access sexual health services.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG5 — Long term relationships and parenthood					
Identify possible reasons for assisted conception, donor conception and surrogacy					
Not Met	Shallow	Emerging	Developing	Deepening	Functional



<p>CG5 — Long term relationships and parenthood</p> <p>Describe choices people have in the event of an unintended pregnancy.</p>					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
<p>CG5 — Long term relationships and parenthood</p> <p>Explain what abortion or termination of a pregnancy means</p>					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
<p>CG5 — Long term relationships and parenthood</p> <p>Identify reliable, unbiased sources of support and explain how to access them.</p>					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
<p>CG5 — Long term relationships and parenthood</p> <p>Describe different ways relationships might be ended (e.g. divorce, separation, or bereavement).</p>					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
<p>CG5 — Long term relationships and parenthood</p> <p>Describe the feelings people might have if they or someone they are close to is experiencing the ending of a relationship.</p>					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
<p>CG5 — Long term relationships and parenthood</p> <p>Explain that the breakdown of a relationship between parents is not the fault of their children.</p>					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
<p>CG5 — Long term relationships and parenthood</p> <p>Explain the importance of talking to someone if worried about the ending of a relationship.</p>					
Not Met	Shallow	Emerging	Developing	Deepening	Functional



Key Stage 3-4 PHSEE

Changing and Growing – Enhancement

CG1 — Puberty

Evaluate how emotions may change as we get older and are no longer children.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

CG1 — Puberty

Recognise that fertility changes over time and in response to some lifestyle factors.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

CG2 — Friendship

Demonstrate how we might end a friendship positively.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

CG2 — Friendship

Identify reliable and appropriate sources of support for ourselves and our friend

Not Met

Shallow

Emerging

Developing

Deepening

Functional

CG3 — Healthy/unhealthy relationship behaviours

Demonstrate strategies to help us negotiate and assert our rights in a relationship.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

CG3 — Healthy/unhealthy relationship behaviours

Explain what is meant by compromise and demonstrate some ways to compromise.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

CG3 — Healthy/unhealthy relationship behaviours

Explain how the media portrayal of relationships may not reflect real life but may affect our expectations.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

CG3 — Healthy/unhealthy relationship behaviours

Identify sources of support for us or someone we know who is experiencing abusive behaviour.

Not Met

Shallow

Emerging

Developing

Deepening

Functional

CG4 — Intimate relationships, consent & contraception

Explain that consent must be sought and freely given before any sexual activity and how to tell if someone is giving or not giving their consent.

Not Met

Shallow

Emerging

Developing

Deepening

Functional



CG4 — Intimate relationships, consent & contraception					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG4 — Intimate relationships, consent & contraception					
Identify how saying 'yes' under pressure is not consent, and is not the same as freely given, CG4 enthusiastic consent.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG4 — Intimate relationships, consent & contraception					
Describe how alcohol/ drugs may influence choices we or others make in relationships, including sexual activity.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG4 — Intimate relationships, consent & contraception					
Evaluate the advantages and disadvantages of different forms of contraception for different individuals					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG4 — Intimate relationships, consent & contraception					
Recognise that viewing pornography can have ongoing harms and where and how to access help if concerned					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG4 — Intimate relationships, consent & contraception					
Describe different reliable sources of support regarding relationships, sex and sexual health and how to access them.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG5 — Long term relationships and parenthood					
Identify some of the range of beliefs and opinions about pregnancy, adoption and termination.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG5 — Long term relationships and parenthood					
Recognise that long-term relationships experience challenges but that these can often be overcome.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG5 — Long term relationships and parenthood					
Identify some of the changes in family circumstances that might occur following separation, divorce, illness or bereavement.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG5 — Long term relationships and parenthood					

NCEA Castle School – PHSEE Key Stage 3-4 Assessment Criteria



Explain strategies that people who are experiencing the end of a relationship might use to manage their feelings.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CG5 — Long term relationships and parenthood					
Explain how and where people who are experiencing relationship difficulties or the end of a relationship might get help and support.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional