

Key Stage 1-2 PHSEE Self-Care, Support and Safety – Encounte

S	Self-Care,	Support and	Safety – E	ncounterin	g	
SA1 — Taking ca	re of ourselves					
Respond to stim	uli about the pe	ople who look after us.				
Not Met	Shallow	Emerging	Developing	Deepening	Functional	
SA2 — Keeping	Safo					
		ng physically safe.				
Not Met	Shallow	Emerging	Developing	Deepening	Functional	
SA2 — Keeping	Safe					
		i about the adults who	are responsible for	keeping us safe.		
Not Met	Shallow	Emerging	Developing	Deepening	Functional	
SA3 — Trust						
Respond to stim	uli about the dif	ferent ways we can con	nmunicate with adu	ults in school.		
Not Met	Shallow	Emerging	Developing	Deepening	Functional	
SA3 — Trust Respond to stim	uli about ways o	of asking for help.				
Not Met	Shallow	Emerging	Developing	Deepening	Functional	
SA3 — Trust						
Respond to stim	uli about what v	ve mean by keeping a so	ecret and what we	mean by a surprise		
Not Met	Shallow	Emerging	Developing	Deepening	Functional	
SA4 — Keeping	Safe Online					
Respond with cu	riosity to adult r	modelling of different w	ays that people co	mmunicate with ea	ch other.	
Not Met	Shallow	Emerging	Developing	Deepening	Functional	
SA5 – Public and	l Private					
SA5 – Public and Private Respond to stimuli about things that belong to us.						
Not Met	Shallow	Emerging	Developing	Deepening	Functional	
SA5 – Public and Private						
Respond to stimuli about what is meant by the word private						



Not Met	Shallow	Emerging	Developing	Deepening	Functional				
SA5 – Public and I	SA5 – Public and Private								
Respond to stimuli about things we might do with other people and things we would do on our own.									
Not Met	Shallow	Emerging	Developing	Deepening	Functional				





Key Stage 1-2 PHSEE Self-Care, Support and Safety – Foundation

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SA1 — Taking care of ourselves									
Identify people w	ho look after us an	d help us to take ca	re of ourselves.						
Not Met	Shallow	Emerging	Developing	Deepening	Functional				
SA2 — Keeping Sa	afe								
Describe some sir	mple ways we can h	nelp keep ourselves	physically safe in s	school.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional				
SA3 — Trust									
Identify trusted a	dults in school.								
Not Met	Shallow	Emerging	Developing	Deepening	Functional				
SA3 — Trust									
Recognise things	we would call 'pers	onal' and things we	e would call 'private	e'.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional				
SA3 — Trust									
Recognise what k	eeping something s	secret means.							
Not Met	Shallow	Emerging	Developing	Deepening	Functional				
SA3 — Trust									
Identify someone	who can help us if	we are afraid or wo	orried.						
Not Met	Shallow	Emerging	Developing	Deepening	Functional				
SA4 – Keeping sat	fe online								
Describe some wa	ays that we use to o	communicate, inclu	ding online						
Not Met	Shallow	Emerging	Developing	Deepening	Functional				
SA5 – Public and	Private								
Identify and recognise some personal belongings.									
Not Met	Shallow	Emerging	Developing	Deepening	Functional				
SA5 – Public and	SA5 – Public and Private								
Recognise the dif	ference between so	omething that is pri	vate and somethin	g that is public.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional				



SA5 – Public and Private							
Explain that we have a right to keep our bodies private.							
Not Met	Shallow	Emerging	Developing	Deepening	Functional		



Key Stage 1-2 PHSEE Self-Care, Support and Safety – Core

	Jen-Car	e, Support		y – core				
SA1 — Taking car								
Identify some of	the ways in which v	ve may be cared for	r by our families, fri	iends and other ad	ults.			
Not Met	Shallow	Emerging	Developing	Deepening	Functional			
SA1 — Taking car	o of ourselves							
· ·		. , , , , , , , , , , , , , , , , , , ,						
Identify some sin		iques (e.g. brushing	teeth, washing ha	nds, getting dresse	d etc.).			
Not Met	Shallow	Emerging	Developing	Deepening	Functional			
SA2 — Keeping Sa	afe							
		ant to help keep ou	rselves nhysically s	afe				
	1	1		T	- Franking of			
Not Met	Shallow	Emerging	Developing	Deepening	Functional			
SA2 — Keeping Sa	afe							
Describe ways to	help keep ourselve	es physically safe ou	t of school, on the	way to school and	when out with			
family, carers or f		. , ,		·				
Not Met	Shallow	Emerging	Developing	Deepening	Functional			
SA2 — Keeping Sa	ate							
Explain how we k	now when we migh	nt need to ask for h	elp.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional			
SA2 — Keeping S	afo.							
Identify people at		in other settings w		for helping us keep				
Not Met	Shallow	Emerging	Developing	Deepening	Functional			
SA3 — Trust								
	t' is not the same a	s 'lika'						
,		T		· · · · · · · · · · · · · · · · · · ·				
Not Met	Shallow	Emerging	Developing	Deepening	Functional			
SA3 — Trust								
Give examples of what is meant by trust.								
Not Met	Shallow	T	Developing	Deepening	Functional			
NOT MET	Silaliow	Emerging	Developing	Deeheunig	Turictional			
SA3 — Trust	SA3 — Trust							
Identify how we feel when we trust someone.								
Not Met	Shallow	Emerging	Developing	Deepening	Functional			



SA3 — Trust									
Identify some reasons for keeping personal information private.									
Not Met	Shallow	Emerging	Developing	Deepening	Functional				
SA3 — Trust Identify the differ	SA3 — Trust Identify the difference between a 'surprise' and a 'secret'.								
Not Met	Shallow	Emerging	Developing	Deepening	Functional				
	SA3 — Trust Recognise that people do not have to keep secrets; that it is important to tell or show someone if we are worried, afraid or sad.								
Not Met	Shallow	Emerging	Developing	Deepening	Functional				
worried or frighte	ened.			ning happens that m					
Not Met	Shallow	Emerging	Developing	Deepening	Functional				
	ple ways of commu	unicating our choice	1						
Not Met	Shallow	Emerging	Developing	Deepening	Functional				
SA4 – Keeping sat Give examples of		use technology to	communicate with	others.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional				
•	ks of communicatin		Davalanina	Decreasing	- Franchis and				
Not Met	Shallow	Emerging	Developing	Deepening	Functional				
SA5 – Public and Private Describe ways we take care of our personal belongings.									
Not Met	Shallow	Emerging	Developing	Deepening	Functional				
SA5 – Public and Private Identify places that are public and places that are private.									
Not Met	Shallow	Emerging	Developing	Deepening	Functional				
SA5 – Public and Private									



Identify some of the places/times/situations which we or others would expect to be 'private'.								
Not Met	Shallow	Emerging	Developing	Deepening	Functional			
SA5 – Public and I	Private							
Give simple examples of some things we might do in private but never in public.								
Not Met	Shallow	Emerging	Developing	Deepening	Functional			



Key Stage 1-2 PHSEE Self-Care, Support and Safety – Development

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CA1 Taking cor	o of ourselves						
SA1 — Taking car							
dentify things we with.	e can do by ourselve	es to look after our	selves and stay hea	Ithy and things we	need adult help		
Not Met	Shallow	Emerging	Developing	Deepening	Functional		
SA2 — Keeping Sa	afe						
	pe feelings associat no can help us if we		safe (e.g. worried,	scared, frightened)	and identify		
Not Met	Shallow	Emerging	Developing	Deepening	Functional		
SA2 — Keeping S	afe						
	s of making it clear	to others when we	e need help.				
Not Met	Shallow	Emerging	Developing	Deepening	Functional		
SA2 — Keeping S	afe						
		ing safe near water	r, railways, roads an	nd fire.			
Not Met	Shallow	Emerging	Developing	Deepening	Functional		
SA3 — Trust							
Recognise that w	e do not have to tru	ust someone just be	ecause they say we	should.			
Not Met	Shallow	Emerging	Developing	Deepening	Functional		
~		•	cret but that somet as not to spoil the		others about a		
Not Met	Shallow	Emerging	Developing	Deepening	Functional		
SA3 — Trust Explain that we should not keep any secret that makes us feel uncomfortable, afraid, worried or anxious, no matter who asks us.							
Not Met	Shallow	Emerging	Developing	Deepening	Functional		
SA3 — Trust Explain when and	SA3 — Trust Explain when and why to ask an adult for help if we're asked to share information or keep a secret.						
Not Met	Shallow	Emerging	Developing	Deepening	Functional		
SA4 – Keeping sa	fe online						



Describe simple ways of keeping safe online, such as using passwords or having adult help to access the internet.							
Not Met	Shallow	Emerging	Developing	Deepening	Functional		
				,			
SA4 – Keeping saf	fe online						
Explain that there	e may be people on	line who do not ha	ve our best interest	s at heart.			
Not Met	Shallow	Emerging	Developing	Deepening	Functional		
SA4 – Keeping saf	fe online						
Identify things tha	at we should never	share online witho	ut checking with a	trusted adult first.			
Not Met	Shallow	Emerging	Developing	Deepening	Functional		
SA5 – Public and	Private						
Demonstrate how	v to ask to borrow o	or use something th	nat belongs to some	eone else.			
Not Met	Shallow	Emerging	Developing	Deepening	Functional		
SA5 – Public and	Private						
· · · · · · · · · · · · · · · · · · ·	not appropriate to	do in a public plac	e; give reasons why	this is the case (in	clude		
masturbation if a	ppropriate).						
Not Met	Shallow	Emerging	Developing	Deepening	Functional		
SA5 – Public and Private							
Explain that there are likely to be things about ourselves we are comfortable sharing with everyone; things we							
are comfortable sharing with our friends; things we are comfortable sharing with our most special people and							
things we do not want to, or should not share with anyone.							
Not Met	Shallow	Emerging	Developing	Deepening	Functional		
				-			



Key Stage 1-2 PHSEE Self-Care, Support and Safety – Enrichment

SA1 — Taking car	e of ourselves						
Identify some sim	ple ways we can he	elp to keep ourselve	es well.				
Not Met	Shallow	Emerging	Developing	Deepening	Functional		
SA1 — Taking car	e of ourselves						
Identify simple wa	ays some germs/illr	nesses may be spre	ad.				
Not Met	Shallow	Emerging	Developing	Deepening	Functional		
CA2 Kaasina Ca	-f-						
SA2 — Keeping Sa	ате						
Identify some diff	erent responsibiliti	es we may have to	help keep ourselve	es and others safe.			
Not Met	Shallow	Emerging	Developing	Deepening	Functional		
SA2 — Keeping Sa	afe						
Identify when son	meone might need	first aid because the	ev are hurt/iniured	1.			
•	- -	1					
Not Met	Shallow	Emerging	Developing	Deepening	Functional		
SA2 — Keeping Sa	afo.						
, ,							
Explain why it is in	mportant to persist	with asking for hel	p if our initial requ	ests are not met or	understood.		
Not Met	Shallow	Emerging	Developing	Deepening	Functional		
SA3 — Trust							
~	•	people we can trust possessions, inforr	· ·	~ '	we can trust		
Not Met	Shallow	Emerging	Developing	Deepening	Functional		
SA3 — Trust							
Explain that if we	don't feel sure abo	out sharing informa	tion or feel pressur	ed, we don't have	to.		
Not Met	Shallow	Emerging	Developing	Deepening	Functional		
SA3 — Trust							
Give examples of how others may put us under pressure to do something.							
Not Met	Shallow	Emerging	Developing	Deepening	Functional		
SA3 — Trust							
Explain what a 'da	are' is and what peo	ople might say or do	o if they are 'daring	g' us.			
Not Met	Shallow	Emerging	Developing	Deepening	Functional		



SA3 — Trust								
Identify some basic strategies for saying 'no' to pressure or dares.								
Not Met Shallow Emerging Developing Deepening Functional								
Not Met	Shahew	2618118	Developing	Беереннів	ranctional			
SA3 — Trust								
Identify whom to	tell in different situ	uations and what w	e could say.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional			
SA4 – Keeping saf	e online							
, ,		online can be differ	ent to what it actu	ally is in real life				
Not Met	Shallow		Developing	Deepening	Functional			
Not wet	Silaliow	Emerging	Developing	Deeperiirig	Functional			
SA4 – Keeping saf	e online							
Explain how to re	spond if we're not	sure if someone on	line is who they say	they are.				
Not Met	Shallow	Emerging	Developing	Deepening	Functional			
CAA Kaaning oof	io aulius							
SA4 – Keeping saf								
Identify some ber	nefits of balancing t	ime on electronic d	evices with other a	ictivities.				
Not Met	Shallow	Emerging	Developing	Deepening	Functional			
SA5 – Public and I	Private							
Describe how we	might feel if our pe	ersonal belongings a	are lost or damaged	d.				
Not Met	Shallow	Emerging	Developing	Deepening	Functional			
			1 0	1 0				
SA5 – Public and I	Private							
Demonstrate how	to tell a trusted a	dult if someone dan	nages, or we have	lost, our personal b	elongings.			
Not Met	Shallow	Emerging	Developing	Deepening	Functional			
SA5 – Public and I	Private							
		g others' belongings	s, privacy and feelin	ngs.				
	Shallow		•	_	Eunstional			
Not Met	Sildilow	Emerging	Developing	Deepening	Functional			
SA5 – Public and Private								
Identify practical strategies to ensure our privacy and that of others.								
Not Met	Shallow	Emerging	Developing	Deepening	Functional			





Key Stage 1-2 PHSEE Self-Care, Support and Safety – Enhancement

SA1 — Taking care	e of ourselves							
Describe different ways we keep ourselves healthy and well.								
Not Met	Shallow	Emerging	Developing	Deepening	Functional			
SA1 — Taking care	e of ourselves							
Explain or demon		l others can do to p	revent the spread	of germs and why t	·			
Not Met	Shallow	Emerging	Developing	Deepening	Functional			
SA2 — Keeping Sa	ofo							
Evaluate ways of	keeping safe in a va	riety of relevant sit	tuations and identi	fy possible risks and	l hazards.			
Not Met	Shallow	Emerging	Developing	Deepening	Functional			
SA2 — Keeping Sa	ıfe							
Describe some sir	nple strategies for l	keeping physically s	safe in situations w	hen we might feel a	afraid.			
Not Met	Shallow	Emerging	Developing	Deepening	Functional			
SA2 — Keeping Sa Recognise when a 999.		ergency and explair	n or demonstrate h	ow to get help, incl	uding how to call			
Not Met	Shallow	Emerging	Developing	Deepening	Functional			
SA3 — Trust								
Give examples of	when we might tak	ke back our trust if v	we feel someone n	o longer deserves it				
Not Met	Shallow	Emerging	Developing	Deepening	Functional			
SA3 — Trust								
Describe how we might feel if someone has dared us to do something.								
Not Met	Shallow	Emerging	Developing	Deepening	Functional			
SA3 — Trust								
Explain or demonstrate strategies to resist pressure to behave in inappropriate ways.								
Not Met	Shallow	Emerging	Developing	Deepening	Functional			
CA2 Truct								
SA3 — Trust								
Demonstrate what we can say and do and where to get help if we have been pressurised, or seen someone else being pressurised, to do something risky.								



Not Met	Shallow	Emerging	Developing	Deepening	Functional
SA4 – Keeping saf	e online				
Demonstrate practical strategies for keeping safe when using specific digital devices and platforms.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
SA4 – Keeping safe online					
Explain how what we post online might affect ourselves or others					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CAA	in andina				
SA4 – Keeping safe online					
Describe strategies to help us stop and think about the possible consequences for ourselves or others before we post something online.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
CAA Vaarings	o online				
SA4 – Keeping safe online					
Identify basic rules for using social media, including age restrictions and why they exist.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
SAA Vooning saf	o onlino				
SA4 – Keeping safe online					
Identify whom we can talk to, or report concerns to, if someone asks us for, or sends us, an image or information that makes us feel uncomfortable.					
		T			
Not Met	Shallow	Emerging	Developing	Deepening	Functional
SA5 – Public and Private					
Demonstrate ways to give and not give permission when asked to lend belongings.					
·				 -	T
Not Met	Shallow	Emerging	Developing	Deepening	Functional
SA5 – Public and Private					
Explain why we must respect the rights of others who may refuse to lend something to us; explain why this does not mean they do not like us.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
Not Met	Silaliow	Lineignig	Developing	реереппід	Functional
SA5 – Public and Private					
Explain what we can do/ say or whom we can tell if someone does not respect our privacy, or shares					
something with us that makes us feel uncomfortable.					
Not Met	Shallow	Emerging	Developing	Deepening	Functional
SA5 – Public and Private					
Explain why we should tell a trusted adult even if someone has told us not to					
Not Met	Shallow	Emerging	Developing	Deepening	Functional



