

Managing Feelings – Encountering

MF1 — Identifying and expressing feelings

Respond with curiosity to stimuli about different emotions

Not Met Shallow Emerging Developing Deepening Functional	Not Met	Shallow	Emerging	Developing	Deepening	Functional
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MF1 — Identifying and expressing feelings

Respond with curiosity to stimuli which depict facial expressions representing different emotions/ feelings.

Not Met	Shallow	Emerging	Developing	Deepening	Functional
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MF2 — Managing strong feelings

Respond to stimuli about some of the different ways we can communicate our feelings and needs to others

Not Met Shallow Emerging Developing Deepening Functiona	Not Met	Shallow	Emerging	Developing	Deepening	Functional
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Key Stage 1-2 PHSEE Managing Feelings — Foundation

Managing Feelings – Foundation							
MF1 — Identifying and expressing feelings							
Describe different kinds of feelings we may have experienced; those we like and those we don't like							
Not Met	Shallow	Emerging	Developing	Deepening	Functional		
,	MF1 — Identifying and expressing feelings Identify things that make us feel happy.						
Not Met	Shallow	Emerging	Developing	Deepening	Functional		
MF1 — Identifying and expressing feelings Identify things that may make us cry/feel sad.							
Not Met	Shallow	Emerging	Developing	Deepening	Functional		
MF1 — Identifying and expressing feelings Identify what makes us feel upset, angry, worried, anxious, frightened.							
Not Met	Shallow	Emerging	Developing	Deepening	Functional		
MF2 — Managing strong feelings Identify some different ways of communicating feelings and needs to others.							
Not Met	Shallow	Emerging	Developing	Deepening	Functional		





Managing Feelings - Core

MF1 — Identifying and expressing feelings Describe some good (comfortable) and not so good (uncomfortable) feelings; describe how they might make our body feel. Not Met Shallow **Emerging** Developing Deepening **Functional** MF1 — Identifying and expressing feelings Recognise that when we experience a change or a loss we may feel sad/unhappy. Not Met Shallow Developing Deepening **Functional** Emerging MF1 — Identifying and expressing feelings Identify signs, actions, facial expressions, body language which can help us identify how others might be feeling. Not Met Shallow **Functional Emerging** Developing Deepening MF2 — Managing strong feelings Demonstrate vocabulary/ communication skills to express a range of different feelings.

MF2 — Managing strong feelings

Shallow

Not Met

Recognise ways we can help ourselves to feel better if we are feeling sad or upset.

Emerging

Not Met	Shallow	Emerging	Developing	Deepening	Functional

Developing

Deepening

Functional





Managing Feelings – Development

MF1 — Identifying and expressing feelings

Shallow

Not Met

Explain why no-one has the right to make us feel unhappy, afraid, worried, and sad or make us do things we do not want to

do not want to								
Not Met	Shallow	Emerging	Developing	Deepening	Functional			
MF2 — Managing	strong feelings							
Describe and demonstrate simple strategies that can help us manage not so good (uncomfortable) feelings and the people who can help us.								
Not Met	Shallow	Emerging	Developing	Deepening	Functional			
MF2 — Managing strong feelings								
Demonstrate simple strategies to help us manage very strong feelings, including in response to change and loss.								

Developing

Deepening

Functional

Emerging





NCY Stage 1 2 1 113LL								
Managing Feelings – Enrichment								
MF1 — Identifying	g and expressing fe	elings						
Demonstrate vocabulary/ communication skills for expressing the intensity of a feeling								
Not Met	Shallow	Emerging	Developing	Deepening	Functional			
Give simple reasons why it is important that others know how we are feeling								
Give simple reaso	ns why it is importa	ant that others kno	w how we are feeli	ng				
Not Met	Shallow	Emerging	Developing	Deepening	Functional			
MF2 — Managing strong feelings Describe some simple ways we can help others to feel better if they are feeling sad or upset.								
Not Met	Shallow	Emerging	Developing	Deepening	Functional			
	MF2 — Managing strong feelings Explain how rest and spending time doing things we enjoy can help to make us feel happy.							
Not Met	Shallow	Emerging	Developing	Deepening	Functional			





Managing Feelings – Enhancement

MF1 — Identifying and expressing feelings

Explain that everyone experiences a range of feelings at different times (e.g. feeling happy, excited, sad, angry, fearful, surprised, nervous).

Not Met	Shallow	Emerging	Developing	Deepening	Functional				
MF2 — Managing	MF2 — Managing strong feelings								
Explain that when we get upset, angry or frustrated our actions can affect others as well as ourselves.									
Not Met	Shallow	Emerging	Developing	Deepening	Functional				
MF2 — Managing strong feelings									
Describe or demonstrate how to respond appropriately to others' feelings.									
Not Met	Shallow	Emerging	Developing	Deepening	Functional				