



PSHEE
Long Term Plan

The Long Term Scheme of Work aims to equip children with essential skills for life. It will develop the whole child through carefully planned and resourced lessons that develop the knowledge, skills and attributes children need to protect and enhance their wellbeing.

Through these lessons, children will learn how to stay safe and healthy, build and maintain successful relationships and become active citizens, responsibly participating in society around them, at an appropriate level. Lessons in this scheme of work have their foundations in seeing each and everybody's value in society, from appreciation of others in units such as British Values, to promoting strong and positive views of self in Think Positive and Be Yourself.

The themes aim to cover a wide range of the social and emotional aspects of learning, enabling children to develop their identity and self-esteem as active, confident citizens. The themes and topics support social, moral, spiritual and cultural development and provide children with protective teaching on essential safeguarding issues, developing the knowledge of when and how children can ask for help.

Early Years

Seven key features of effective practice as identified in the DfE Development Matters guidance (July 2021): The best for every child; High-quality care; The Curriculum; Pedagogy; Assessment; Self-regulation and executive function; Partnership with parents.

In planning and guiding what children learn, practitioners will reflect on the 3 characteristics of effective learning: playing & exploring, active learning, creating and thinking critically.

<p>Communication and Language Children have opportunities to; Listen and actively respond to stories, songs and poems related to emotional wellbeing Develop their own narratives in relation to stories they hear Develop the use of verbal language or other communication methods to express needs, wants and opinion</p>
<p>Personal, social and emotional development</p>

Children have opportunities to;
 Work towards shared attention with groups of people, including adults and children
 Develop self – care skills
 Work on developing relationships
 Work together within consistently applied codes of behaviour
 Learn about right and wrong and why these issues matter
 Respond to significant experiences, showing a range of feelings
 Have developing awareness of their own needs, views and feelings
 Have developing awareness of the needs, views and feelings of others, beginning to show sensitivity to other’s needs and form positive relationships

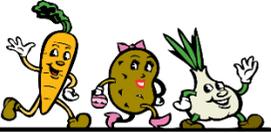
Understanding the world
 Children have opportunities to;
 Become aware of similarities and differences between themselves and others
 Begin to understand their environment

Expressive Arts and Design
 Children have opportunities to;
 Use their imagination to create through art, music, dance, play, role-play and stories to represent their own ideas, thoughts and feelings
 Respond in a variety of ways to what they see, hear, smell, touch and taste

Literacy
 Children have opportunities to;
 Be given access to a wide range of materials to develop understanding of emotions
 Have access to a range of materials to develop an understanding of difference

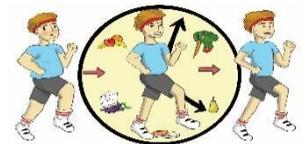
Maths
 Children have opportunities to;
 Recognise, create and describe some patterns and sort and order objects simply
 Use a range of language relating to time and the passage of time

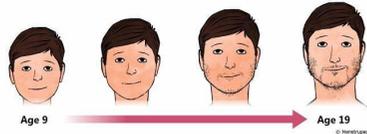
Key Stage 1	2024/25	2025/26	2026/27
Autumn	<p><i>Things we are good at</i></p> 	<p><i>Kind and unkind behaviours</i></p> 	<p><i>Playing and working together</i></p> 
	<p>Identifying and expressing feelings</p> 		

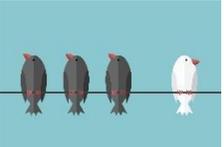
Spring	<p><i>Baby to adult</i></p> 	<p><i>Keeping safe</i></p> 	<p><i>Trust</i></p> 
	<p><i>Healthy Eating</i></p> 		
Summer	<p><i>Respecting differences between people</i></p> 	<p><i>Jobs people do</i></p> 	<p><i>Rules and laws</i></p> 
	<p><i>Taking care of ourselves</i></p> 		

Key Stage 2	2024/25	2025/26	2026/27
Autumn	<p>People who are special to us</p> 	<p>Getting on with others</p> 	<p><i>Public and Private</i></p>
	<p><i>Keeping safe online</i></p> 		

Spring	<p><i>Changes at puberty</i></p> 	<p><i>Dealing with touch</i></p> 	<p><i>Different types of relationships</i></p> 
	<p>Managing strong feeling</p> 		
Summer	<p><i>Taking care of the environment</i></p> 	<p><i>Belonging to a community</i></p> 	<p><i>Money</i></p> 
	<p><i>Keeping well/ Taking care of physical health</i></p> 		

Key Stage3	2024/25	2025/26	2026/27
Autumn	<p>Personal strengths</p> 	<p>Skills for learning</p> 	<p>Self-esteem and unkind comments</p> 
	<p>Strong feelings</p> 	<p>Feeling unwell</p> 	<p>Elements of a healthy lifestyles</p> 

Spring	<p>Positive/unhealthy relationships</p> 	<p>Puberty</p> 	<p>Friendships</p> 
	<p>Mental wellbeing</p> 	<p>Feeling frightened/worried</p> 	<p>Romantic feelings and sexual attraction</p> 
Summer	<p>Human diversity</p> 	<p>Rights and responsibilities</p> 	<p>Accidents and risk</p> 
	<p>Managing online information</p> 		

Key Stage4	2024/25	2025/2026	2026/2027
Autumn	<p>Prejudice and discrimination</p>  <p>117579 INTRODUCTION TO EQUALITY AND DIVERSITY 115463 INTRODUCTION TO EQUALITY AND DIVERSITY</p>	<p>Managing pressure</p>  <p>114273 EMOTIONAL AWARENESS (UNIT 1): STRESS</p>	<p>Long-term relationships/parenthood</p>  <p>73588 PARENTHOOD 115324 LEARNING ABOUT DIFFERENT TYPES OF FAMILY</p>



121504 INTERNET SAFETY, WITH SUPPORT
 117616 COMPUTING: SAFETY AND THE INTERNET (UNIT 1)
 121060 ONLINE SAFETY: BEING SAFE AND RESPONSIBLE

Intimate relationships, consent and contraception



121171 RELATIONSHIPS AND SEX EDUCATION (UNIT 9)
 118895 PSHE: BEING SAFE

Emergency situations



121358 IDENTIFYING AND MANAGING EMERGENCY SITUATIONS

Public and private

110759 IDENTIFYING AND UNDERSTANDING PRIVATE BODY PARTS (UNIT 1): WITH PROMPTING AND FULL SUPPORT
 110760 IDENTIFYING AND UNDERSTANDING PRIVATE BODY PARTS (UNIT 2): WITH A REDUCTION IN PROMPTING
 112386 UNDERSTANDING AND IDENTIFYING PRIVATE PARTS OF THE BODY

Spring

Body image



116956 IT'S MY BODY (UNIT 1)
 112516 ASPIRE AWARD: BODY IMAGE AND THE MEDIA

Taking care of the environment



120781 A SENSORY EXPLORATION OF LOOKING AFTER OUR ENVIRONMENT
 114293 RECYCLING WITH VERBAL PROMPTS: NEWSPAPERS, BOXES, PLASTIC
 114292 RECYCLING WITH VERBAL PROMPTS AND ASSISTANCE

Expectations of relationships/abuse



114483 RELATIONSHIPS: STAYING SAFE

Preparing for adulthood



112941 INTRODUCTION TO EMPLOYMENT
 116808 CAREER EXPLORATION WITH SUPPORT

Healthy eating



87385 HEALTHY EATING
 70299 HEALTHY EATING

Managing finances



116915 PREPARATION FOR ADULTHOOD: MONEY AWARENESS

Summer

Physical activity



121308 HEALTH AND WELLBEING (UNIT 1)
121053 PSHE: HEALTH AND FITNESS
114081 UP 2 ME: WELL-BEING

Post 14 – Links to AQA Unit Award Scheme