

Personal, Social and Emotional Development Branch Map

Self-care and independence Relationships and others Feelings, behaviours and morals

Branch 1	Branch 2	Branch 3	Branch 4	Branch 5	Branch 6	Branch 7	Branch 8	Branch 9	Branch 10
expresses discomfort, nunger and thirst	Anticipates food routines with interest	Moves a spoon towards mouth and sucks it	Grasps a loaded spoon and brings it to mouth	Communicates need for food or drink when hungry or thirsty	Pierces food with a fork	With some support, cuts soft foods with a knife	Cuts soft foods with a knife	Uses a sawing action to cut harder foods, uses a knife to spread	Understands importance of maintaining personal hygiene
				- Across the school - In the community		- Controls knife - Controls fork		successfully	,,,
Opens mouth when prompted to help with	Starts to show engagement with feeding	Grasps finger foods and brings them to mouth	Can hold a cup independently and tip	Scoops food using a spoon to feed self	Holds two pieces of cutlery while eating	Uses one piece of cutlery to push food on to a	Uses a knife and fork in combination	Pours a drink from a jug confidently with no spilling	Knows rules for keeping safe
eeding and drinking	and drinking - Opens mouth for	brings them to mouth	towards their mouth	spoon to leed sen	cutery write caung	spoon or fork	Combination	confidency with no spining	- Basic road safety
Folerates being dressed	spoon - Rests hand on cup Assists with dressing by	Holds own bottle or cup	Can pull off simple items	Holds cup with two hands,	Drinks well, without	Eats from a bowl or plate	Follows hygiene routines	Is aware of good hygiene	People who keep them safe Knows the names for the
	allowing body movements		of clothing that require a single action (socks, hat, scarf etc)	drinking with minimal spilling	spilling	with minimal mess	without support	around food preparation and meals	main parts of the body
Tolerates nappy changing	Tolerates face being	Able to communicate their	Opens and closes Velcro	Willing to try new food	Follows hygiene routines	Assists in laying table	In school In the community Can spread with a knife	Puts on more complex	Starts to form a mutual
11171 2 3	washed	choice of food from a selection	fastenings	textures and tastes	with support	, 3	with some support	clothing items e.g. swim costume, leggings, gloves	friendship with another child
Can be comforted by close contact with familiar adults	Responds when talked to.	Removes shoes and socks when unfastened	Pushes legs through trousers	Pulls down zips on clothing	- In the community Helps to put items of clothing on the correct body parts	With prompting, attempts to turn clothes the right way round	Consistently put clothes on the right way round	Regularly uses the toilet during the day, but may still need reminding to go	To identify and respect to differences and similarity between people
	Responds to name Listens to a familiar					- Front and back		- In school - In the community	
Furns attention towards amiliar or preferred adults	adult speaking Recognises main carer, responds to close contact	Pushes arms through sleeves	Engages with teeth brushing	Pulls an item of clothing over head	Unfastens large buttons	Does up the zip on a coat. Can fasten large buttons	Can use more complex fastenings – hooks, small	Consistently washes hands after using the toilet	To listen to other people and play and work
- Stills	with familiar or preferred adult		-				buttons and drawstrings	without adult prompt - In school	cooperatively
- Listens to voice - Gazes at face Shows enjoyment of	Shows pleasure at being	Cooperates with nappy	Engages with washing	Sits on a toilet and uses	Puts on a coat	Can put on loose items of	Gains more bladder and	- In the community Attempts to brush top and	Develop relationships
physical play with adults	tickled and other physical interactions	changing	and drying hands	occasionally	ruis on a coat	clothing independently	bowel control and can toilet by themselves	bottom teeth	through work and play e sharing equipment
TicklesBeing rocked	During social games During social songs			- In school - In the community			- In school - In the community		
Seeks physical and emotional comfort from trusted adults	Shows an awareness of their reflection when looking in a mirror	Tolerates gum stimulation and teeth cleaning	Shared attention	Starting to complete aspects of hand washing routine with adult support	Shows some awareness of bladder and bowel urges	Clearly communicates their need for the toilet	Can wash and dry hands independently most of the time	Washes and dries own face adequately	Takes steps to resolve conflicts with other children
	-					- In school - In the community			In school In the community
	Shows a range of emotions such as pleasure, fear and	Engages with social games and songs	Interacts with new people appropriately when supported by an adult	Copies a range of actions displayed by adults	During hand washing, rubs hands together with soap and puts under a tap	Can turn taps on and off independently	Remembers to wash hands before a meal the majority of the time	Attends to an adult led activity they enjoy for more than ten minutes	Asks for help
	excitement		- In school - In the community	In familiar routines In new activities	to rinse				
	Responds emotionally to other people's emotions	Tries to find a familiar adult when distressed or	- With other children Begins to engage in pretend play.	- In play Plays alongside others, sometimes sharing	Starting to put toothbrush into mouth independently	Can clean teeth effectively with adult supervision	Starts to clean teeth independently	Can take on a variety of roles during imaginative	Recognise how their behaviour affects other
	other people's emotions	frightened for reassurance	- In structured routines	resources	into modifi maependentiy	with addit Supervision	пиерепиениу	play - In school	people
		Initiates social interaction and uses a range of	- In play Builds relationships with special peers.	Acts out a simple routine in pretend play for	Attempts to wash face with support	Shows affection and concern for people who	Initiates play, offering cues to peers to join them	- In the community Initiates conversations, attends to and takes	Knows own likes/dislike and how to make real
		strategies to maintain the attention of an adult - Voice		example doll play - In structured routines		are special to them - Adults		account of what others say - In school	informed choices
		GestureEye contactFacial expression		- In play		- Children		- In the community	
		Repeats an action which is positively received by others	Interacts with new people appropriately when supported by a familiar adult.	Happily shares new experiences with a number of adults	Clearly communicates wet or soiled nappy or pants	Seeks out others to share experiences	Interacts with new people appropriately, following simple social rules	Compromises during play activities	Describe feelings to others and has strategic for managing feelings
			In school In the community With other children	- In school - In the community		- Adults - Children	In school In the community With other children	- In school - In the community	
		Uses self-calming techniques e.g.: chewy, sucking thumb, sensory activities		Engages another person to help achieve a goal e.g. To get an object that is out of reach	Plays cooperatively with a familiar adult. E.g. rolling a ball back and forth - In structured routines	Takes part in a turn taking game with adults for a sustained period - In structured routines	Shows awareness of when help is required by others and sometimes tries to assist - Adults	Will work as part of a group or class, taking turns	Recognises the differen between right and wrong fair and unfair
		Repeats actions they anticipate will result in a		Shows an interest in the activities of others	- In play Interacts with new people appropriately with some	- In play Takes part in pretend play that involves other	- Children Keeps play going by responding to what others	Can describe self in positive terms and talk	
		response from another - In familiar routine - In new activities		- In school	prompting from an adult - In school	children - In structured routines	are saying or doing - Adults - Children	about abilities	
				In the community In play Other adults/children	- In the community - With other children	- In play			
		Is able to give an object to an adult when an activity has finished		Can be encouraged to try new activities using a now and next approach	Demonstrates sense of self as an individual. E.g. wants to do things	Engages in self led play for up to 20 minutes	Plays imaginatively with small world toys	Can resolve a conflict with the support of an adult	
				- In school - In the community	independently		In structured routines In play		
				Can be distracted by a new activity when distressed the majority of the time	Briefly takes part in turn taking activities with another child with adult support	Expresses own preferences and interests	Shows confidence in asking adults for help.	Discusses the emotions of characters in stories	
				- In school - In the community	In structured routines In play		In school In the community		
				Communicates activities or experiences that they do not like through	Can show a caring nature towards other children	Is aware that some actions can hurt or harm others	Can play in a group, extending and elaborating play ideas	Can usually adapt behaviour to different events, social situations	
				avoidance	- In school - In the community			and changes in routine	
					Can select and use activities and resources with help	Can express their own feelings such as sad, happy, scared and worried	Growing ability to distract self when upset	Aware of behavioural expectations in the setting - In school	
					Cooperates with the responsibility of carrying out small jobs	Responds to the feelings and wishes of others	Picks up on the behaviour/ mood of other people and respond appropriately	In the community Beginning to negotiate and solve problems without aggression e.g. when someone has taken	
					Self-chosen jobs Adult initiated jobs		- Adults - Other children	toy	
					Imitates the actions of other children at play	Shows understanding and cooperates with some boundaries and routines	Has an understanding of the reasons for some feelings.	Can give reasons for their feelings	
					- In school - In the community	- In school - In the community	- Happy - Sad	- Excited - Angry	
					In play Can wait for short periods in order to have needs	Understand that some things are shared and	Can inhibit their own behaviours e.g. Stop	- Scared	
					met - In school	some belong to someone else	themselves from doing something they shouldn't - In school		
					- In the community Begins to understand		- In the community		
					some boundaries in familiar routines - In school				
					- In the community Begins to learn that some				
					things are theirs Is compliant in requests				
					when taking part in motivating activities				
					- In school - In the community				

