

PE STATEMENTS	NOT MET	SHALLOW	EMERGING	DEVELOPING	DEEPENING	FUNCTIONAL	NOT APPLICABLE
S - PE - Movement							
100 - I can run safely on my whole foot.							
101 - I can squat with steadiness to rest or play.							
102 - I can walk upstairs or downstairs holding onto a rail two feet to a step.							
103 - I can kick a large ball.							
104 - I can show preference with a dominant hand.							
105 - I can mount and walk down stairs, steps or climbing equipment using alternate feet.							
106 - I can experiment with different ways of moving.							
107 - I can begin to use anticlockwise movement.							
108 - I can stand momentarily on one foot when shown.							
109 - I can walks downstairs while carrying a small object.							
110 - I can pull myself up onto higher ledges.							
E - PE - Movement							
200 - I can master basic movements such as running, slithering, crawling, jumping, climbing, shuffling and hopping.							
201 - I can begin basic movements such as skipping.							
202 - I can master basic movements such as throwing.							
203 - I can master basic movements such as catching.							
204 - I can begin to apply basic movements in a range of activities.							
N - PE - Movement							
300 - I can run, jump, hop, skip, crawl, slither and climb in isolation and in combination.							
301 - I can throw in isolation and in combination.							
302 - I can catch in isolation and in combination.							

STATEMENT	NOT MET	SHALLOW	EMERGING	DEVELOPING	DEEPENING	FUNCTIONAL	NOT APPLICABLE
S - PE - Using Skills and Technique							
100 - I can match my developing physical skills to tasks and activities in the setting.							
101 - I can choose the right resources to carry out my own plan.							
102 - I can begin to remember sequences and patterns of movements which are related to music and rhythm.							
E - PE - Using Skills and Technique							
200 - I can perform dances using simple movement patterns.							
201 - I have a developing balance and coordination.							
N - PE - Using Skills and Technique							
300 - I am beginning to develop my use of my flexibility to an appropriate activity.							
301 - I can begin to demonstrate strength and technique to an appropriate activity.							
302 - I can begin to demonstrate control and balance to an appropriate activity.							
303 - I understand the components of a warm up and cool down.							
304 - I can use a range of different throws.							
305 - I can perform a range of hitting skills.							
306 - I can use a range movement patterns to perform dances.							
D - PE - Using Skills and Technique							
400 - Develop their technique and improve their performance in other competitive sports.							
401 - I can lead a warm up or cool down.							
402 - I can use techniques in a range of sports in increasingly complex drills under pressure.							

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403 - I can use Contemporary and traditional dance styles and techniques, including accurate replication and developing choreography.							
404 - I can officiate with competence in a greater range of sports and roles.							
405 - I can demonstrate that I am more competent, confident and expert in their techniques.							

D - PE - Cooperation							
400 - I can be encouraged to work in a team, building on trust and developing skills... (either individually) or as a group.							
401 - I can offer advice or tactics to others.							
402 - I can take part in physical challenges and be encouraged to work in a team to develop skills to solve problems.							
403 - I can use reasoning, questioning and listening to the contributions of others in order to solve problems.							
404 - I can lead team members effectively.							

STATEMENT							
	NOT MET	SHALLOW	EMERGING	DEVELOPING	DEEPENING	FUNCTIONAL	NOT APPLICABLE
E - PE - Tactics, Attack/Defend							
200 - Developing simple tactics for attacking and defending.							
N - PE - Tactics, Attack/Defend							
300 - Apply basic principles suitable for attacking and defending.							
D - PE - Tactics, Attack/Defend							
400 - Use a range of tactics and strategies to overcome opponents in direct competition (through team and individual games).							
401 - I have a thorough knowledge and very clear understanding of the rules/laws/regulations, tactics and strategies.							

STATEMENT							
	NOT MET	SHALLOW	EMERGING	DEVELOPING	DEEPENING	FUNCTIONAL	NOT APPLICABLE
N - PE - Analysis & Evaluation							
300 - Develop an understanding of how to improve in different physical activities and sports.							
301 - Compare their performances with previous ones and demonstrate improvement to achieve their personal best.							
D - PE - Analysis & Evaluation							
400 - I can suggest some compositional ideas to improve a Dance.							

STATEMENT	NOT MET	SHALLOW	EMERGING	DEVELOPING	DEEPENING	FUNCTIONAL	NOT APPLICABLE
N - PE - Swimming							
300 - Swim competently, confidently and proficiently over a distance of at least 25 metres.							
301 - Use a range of strokes effectively e.g. front crawl, backstroke, breaststroke.							
302 - I can perform safe self-rescue in different water-based situations.							

STATEMENT	NOT MET	SHALLOW	EMERGING	DEVELOPING	DEEPENING	FUNCTIONAL	NOT APPLICABLE
E - PE - Competition							
200 - I can engage in competitive physical activities against others.							
201 - I can engage in competitive physical activities against self.							
N - PE - Competition							
300 - I enjoy competing with others.							
301 - I can overcome opponents in direct competition through team and individual games.							
302 - I can take part in competitive sports and activities outside school through community links or sports clubs.							
D - PE - Competition							
400 - I can overcome opponents in competitive situations in team and individual games.							