

Squeeze activities to reduce nipping



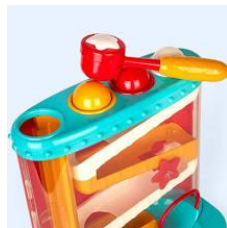
- Squeezy/stretchy toys to pull and stretch.



- Spikey ball for adult to roll around hands for massage and up arms and on back. Or James to explore.



- Occupation Ideas





Water play

- Pouring water
- Squeezing sponges
- Squeezy bottle to squirt



Sensory play

- Place the box in a larger box to reduce mess or place a mat



under.

- You can place water beads into a pop sock/stocking to provide a tactile toy and reduce mess or eating.
- Lycra squeeze: you wrap him with the lycra, cross over at the front and pull.
- Shake toys



- Large lumps of playdoh to squeeze. (put in a zippy bag to reduce messy when squeezing inside a sock)

