

# WEEK ONE

## MEGA MONDAY

### PIZZA MARGHERITA

Crunchy base topped with yummy tomato sauce and covered with cheese

### CHEESE & ONION ROLL

Cheese and onion squished into pastry to keep them safe

### VEG & CARBS

Potato Waffles  
Carrots

### CHOCOLATE MOUSSE

Fresh fruit  
Selection of yoghurts

## TASTY TUESDAY

### OVEN BAKED SAUSAGES

Pork sausages baked just how you like them

### BREADED FISHCAKE

Scrummy good-for-you salmon coated in crispy breadcrumbs

### VEG & CARBS

Mashed Potatoes  
Mixed vegetables  
Yorkshire pudding  
Gravy

### JAM SPONGE & CUSTARD

Fresh fruit  
Selection of yoghurts

## WONDERFUL WEDNESDAY

### ROAST TURKEY

Juicy turkey drizzled with gravy - a school dinner favourite

### JACKET POTATO

Your choice of filling!  
Baked Beans, Cheese or Tuna Mayo

### VEG & CARBS

Crispy Roast Potatoes  
Green beans

### JELLY & FRUIT

Fresh fruit  
Selection of yoghurts

## TRY IT!! THURSDAY

### SPAGHETTI BOLOGNESE

Slippery slurpy spaghetti hiding in meaty sauce

### CHEESY VEG BAKE

Pasta and veggies coated in cheesy goodness

### VEG & CARBS

Garlic Bread  
Sweetcorn

### CHEESECAKE

Fresh fruit  
Selection of yoghurts

## FABULOUS FRIDAY

### FISH FINGERS

I'm glad those fishies don't have toes!

### VEGAN NUGGET

Yummy nuggets wrapped in golden breadcrumbs

### VEG & CARBS

Chips  
Peas  
Tomato ketchup

### ICE CREAM

Fresh fruit  
Selection of yoghurts



# WEEK TWO

## MEGA MONDAY

### PIZZA MARGHERITA

Thin crust base topped with yummy tomato sauce and covered with cheese

### SAUSAGE ROLL

Pork sausage rolled in pastry so it can't escape!

### VEG & CARBS

Pasta salad  
Sweetcorn

### STRAWBERRY MOUSSE

Fresh fruit  
Selection of yoghurts

## TASTY TUESDAY

### MINCE & DUMPLINGS

Meaty goodness with a fluffy dumpling resting on top

### HOT PASTA

Your choice of sauce

### VEG & CARBS

Mashed potatoes  
Mixed vegetables

### FRUIT CRUMBLE & CUSTARD

Fresh fruit  
Selection of yoghurts

## WONDERFUL WEDNESDAY

### ROAST CHICKEN

Juicy chicken drizzled with gravy - a school dinner favourite

### JACKET POTATO

Your choice of filling!  
Cheese or Tuna Mayo

### VEG & CARBS

Crispy roast potatoes  
Broccoli  
Stuffing

### JELLY & FRUIT

Fresh fruit  
Selection of yoghurts

## TRY IT!! THURSDAY

### CHICKEN KORMA

Tender chicken pieces coated in a mild spicy sauce

### CHICKEN PIE

Chunky chicken under a pastry lid

### VEG & CARBS

Wholegrain rice  
Naan bread  
Carrots

### PEACH SPONGE & CUSTARD

Fresh fruit  
Selection of yoghurts

## FABULOUS FRIDAY

### FISH FINGER

I'm surprised these fish have any fingers left!

### CHEESY GARLIC BREAD

Crispy garlic bread slices with cheesy topping

### VEG & CARBS

Chips  
Peas  
Tomato ketchup

### ICE CREAM

Fresh fruit  
Selection of yoghurts



# WEEK THREE

## MEGA MONDAY

### PIZZA MARGHERITA

Thin crust base topped with yummy tomato sauce and covered with cheese

### JACKET POTATO

Your choice of filling!  
Cheese or Tuna Mayo  
with salad

### VEG & CARBS

Pasta salad  
Sweetcorn

### CHOCOLATE MOUSSE

Fresh fruit  
Selection of yoghurts

## TASTY TUESDAY

### LASAGNE

Minced beef in tomato sauce layered pasta topped with cheese

### TUNA & CHEESE MELT

Crispy baguette topped with tuna & melted cheese

### VEG & CARBS

Mixed veg  
Wedges

### HOMEMADE BISCUITS

Fresh fruit  
Selection of yoghurts

## WONDERFUL WEDNESDAY

### ROAST BEEF

Juicy beef drizzled with gravy - a school dinner favourite

### JACKET POTATO

Your choice of filling!  
Baked Beans, Cheese or  
Tuna Mayo

### VEG & CARBS

Crispy roast potatoes  
Carrots  
Yorkshire pudding

### JELLY & FRUIT

Fresh fruit  
Selection of yoghurts

## TRY IT!! THURSDAY

### TUNA & SWEETCORN PASTA BAKE

Served with crusty bread

### SPANISH CHICKEN

Chunky chicken in a zingy sauce

### VEG & CARBS

Wholegrain rice  
Garlic Bread  
Broccoli

### VANILLA SPONGE & CUSTARD

Fresh fruit  
Selection of yoghurts

## FABULOUS FRIDAY

### CHICKEN NUGGET

Chunky chicken wrapped in scrummy coating

### CHEESE BURGER

A beefy burger with or without cheese - just ask at the hatch

### VEG & CARBS

Chips  
Peas  
Tomato ketchup

### ICE CREAM ROLL

Fresh fruit  
Selection of yoghurts

