# WEEK ONE

#### MEGA MONDAY -

#### **PIZZA MARGHERITA**

Crunchy base topped with yummy tomato sauce and covered with cheese

#### **JACKET POTATO**

Your choice of filling! Baked Beans, Cheese or Tuna Mayo

#### **VEG & CARBS**

Pasta Salad Carrots

#### **JELLY & PEACHES**

Fresh fruit
Selection of yoghurts

#### TASTY TUESDAY -

#### **OVEN BAKED SAUSAGES**

Pork sausages baked just how you like them

#### **SALMON FISHCAKE**

Scrummy good-for-you salmon coated in crispy breadcrumbs

#### **VEG & CARBS**

Mashed Potatoes Mixed vegetables Yorkshire pudding Gravy

#### **RICE PUDDING**

Fresh fruit Selection of yoghurts

# WONDERFUL WEDNESDAY

# TRY IT!! THURSDAY

### FABULOUS FRIDAY

#### **ROAST TURKEY**

Juicy turkey drizzled with gravy - a school dinner favourite

#### **JACKET POTATO**

Your choice of filling! Baked Beans, Cheese or Tuna Mayo

#### **VEG & CARBS**

Crispy Roast Potatoes Green beans

#### **SHORTBREAD**

Fresh fruit Selection of yoghurts

#### **SPAGHETTI BOLOGNESE**

Slippery slurpy spaghetti hiding in meaty sauce

#### MAC 'n' CHEESE

Pasta wiggles coated in cheesey goodness

#### **VEG & CARBS**

Garlic Bread Broccoli

### **APPLE SPONGE & CUSTARD**

Fresh fruit Selection of yoghurts

#### **FISH FINGERS**

I'm glad those fishies don't have toes!

#### **VEGAN NUGGET**

Yummy nuggets wrapped in golden breadcrumbs

#### **VEG & CARBS**

Chips Peas Tomato ketchup

#### **ICE CREAM**

Fresh fruit Selection of yoghurts



# WEEK TWO

#### MEGA MONDAY -

#### **PIZZA MARGHERITA**

Thin crust base topped with yummy tomato sauce and covered with cheese

#### **SAUSAGE ROLL**

Pork sausage rolled in pastry so it can't escape!

#### **VEG & CARBS**

Pasta salad Sweetcorn

#### **CHOCOLATE MOUSSE & BANANA**

Fresh fruit
Selection of yoghurts

#### TASTY TUESDAY -

#### **MINCE & DUMPLINGS**

Meaty goodness with a fluffy dumpling resting on top

#### **PANINI**

Cheese, egg mayo, tuna mayo

#### **VEG & CARBS**

Mashed potatoes Mixed vegetables

#### **GINGERBREAD BISCUIT**

Fresh fruit Selection of yoghurts

# WONDERFUL WEDNESDAY

# TRY IT!! THURSDAY

## FABULOUS FRIDAY

#### **ROAST PORK**

Juicy pork drizzled with gravy - a school dinner favourite

#### **JACKET POTATO**

Your choice of filling! Baked Beans, Cheese or Tuna Mayo

#### **VEG & CARBS**

Crispy roast potatoes
Broccoli
Stuffing

#### **CHEESECAKE**

Fresh fruit Selection of yoghurts

#### **CHICKEN CURRY**

Tender chicken pieces coated in a mild spicy sauce

#### **TORTILLA WRAP**

with a choice of Cheese, Egg Mayo or Tuna Mayo

#### **VEG & CARBS**

Wholegrain rice Naan bread Carrots

#### **FRUIT PIZZA**

Fresh fruit Selection of yoghurts

#### FISH FINGER

I'm surprised these fish have any fingers left!

#### **CHICKEN PIE**

Chunky chicken & sauce in a pastry case

#### **VEG & CARBS**

Chips Peas Tomato ketchup

#### **ICE CREAM**

Fresh fruit Selection of yoghurts



# WEEK THREE

#### MEGA MONDAY -

#### **PIZZA MARGHERITA**

Thin crust base topped with yummy tomato sauce and covered with cheese

#### **PASTA NEAPOLITAN**

Pasta shapes drenched in tomato & herb sauce Served with crusty bread

#### **VEG & CARBS**

Pasta salad Sweetcorn

#### **CHOCOLATE KRISPIES**

Fresh fruit Selection of yoghurts

#### - TASTY TUESDAY -

#### **COTTAGE PIE**

Minced beef & veg in gravy topped with fluffy mashed potato

#### **TUNA MELT**

Crispy baguette topped with tuna & melted cheese

#### **VEG & CARBS**

Mashed potatoes Green beans

#### APPLE CRUMBLE WITH CUSTARD

Fresh fruit Selection of yoghurts

# WONDERFUL WEDNESDAY

TRY IT!!
THURSDAY

### FABULOUS FRIDAY

#### **ROAST BEEF**

Juicy beef drizzled with gravy - a school dinner favourite

#### **JACKET POTATO**

Your choice of filling! Baked Beans, Cheese or Tuna Mayo

#### **VEG & CARBS**

Crispy roast potatoes
Carrots
Yorkshire pudding

#### **MELTING MOMENT**

Fresh fruit Selection of yoghurts

# PEPPERONI & MOZZARELLA PASTA BAKE

Served with crusty bread

#### **SPANISH CHICKEN**

Chunky chicken in a zingy sauce

#### **VEG & CARBS**

Wholegrain rice Mixed vegetables Broccoli

#### **ORANGE & CARROT CAKE**

Fresh fruit Selection of yoghurts

#### **CHICKEN NUGGET**

Chunky chicken wrapped in scrummy coating

#### **CHEESE BURGER**

A beefy burger with or without cheese - just ask at the hatch

#### **VEG & CARBS**

Chips Peas Tomato ketchup

#### **ICE CREAM ROLL**

Fresh fruit
Selection of yoghurts

