

WEEK ONE

MEGA MONDAY

PIZZA MARGHERITA

Crunchy base topped with yummy tomato sauce and covered with cheese

JACKET POTATO

Your choice of filling!
Baked Beans, Cheese or
Tuna Mayo

VEG & CARBS

Pasta Salad
Carrots

JELLY & PEACHES

Fresh fruit
Selection of yoghurts

TASTY TUESDAY

OVEN BAKED SAUSAGES

Pork sausages baked just how you like them

SALMON FISHCAKE

Scrummy good-for-you salmon coated in crispy
breadcrumbs

VEG & CARBS

Mashed Potatoes
Mixed vegetables
Yorkshire pudding
Gravy

RICE PUDDING

Fresh fruit
Selection of yoghurts

WONDERFUL WEDNESDAY

ROAST TURKEY

Juicy turkey drizzled with gravy -
a school dinner favourite

JACKET POTATO

Your choice of filling!
Baked Beans, Cheese or
Tuna Mayo

VEG & CARBS

Crispy Roast Potatoes
Green beans

SHORTBREAD

Fresh fruit
Selection of yoghurts

TRY IT!! THURSDAY

SPAGHETTI BOLOGNESE

Slippery slurpy spaghetti hiding in
meaty sauce

MAC 'n' CHEESE

Pasta wiggles coated in cheesy
goodness

VEG & CARBS

Garlic Bread
Broccoli

APPLE SPONGE & CUSTARD

Fresh fruit
Selection of yoghurts

FABULOUS FRIDAY

FISH FINGERS

I'm glad those fishies don't have toes!

VEGAN NUGGET

Yummy nuggets wrapped in golden
breadcrumbs

VEG & CARBS

Chips
Peas
Tomato ketchup

ICE CREAM

Fresh fruit
Selection of yoghurts



WEEK TWO

MEGA MONDAY

PIZZA MARGHERITA

Thin crust base topped with yummy tomato sauce and covered with cheese

SAUSAGE ROLL

Pork sausage rolled in pastry so it can't escape!

VEG & CARBS

Pasta salad
Sweetcorn

CHOCOLATE MOUSSE & BANANA

Fresh fruit
Selection of yoghurts

TASTY TUESDAY

MINCE & DUMPLINGS

Meaty goodness with a fluffy dumpling resting on top

PANINI

Cheese, egg mayo, tuna mayo

VEG & CARBS

Mashed potatoes
Mixed vegetables

GINGERBREAD BISCUIT

Fresh fruit
Selection of yoghurts

WONDERFUL WEDNESDAY

ROAST PORK

Juicy pork drizzled with gravy - a school dinner favourite

JACKET POTATO

Your choice of filling!
Baked Beans, Cheese or
Tuna Mayo

VEG & CARBS

Crispy roast potatoes
Broccoli
Stuffing

CHEESECAKE

Fresh fruit
Selection of yoghurts

TRY IT!! THURSDAY

CHICKEN CURRY

Tender chicken pieces coated in a mild spicy sauce

TORTILLA WRAP

with a choice of
Cheese, Egg Mayo or
Tuna Mayo

VEG & CARBS

Wholegrain rice
Naan bread
Carrots

FRUIT PIZZA

Fresh fruit
Selection of yoghurts

FABULOUS FRIDAY

FISH FINGER

I'm surprised these fish have any fingers left!

CHICKEN PIE

Chunky chicken & sauce in a pastry case

VEG & CARBS

Chips
Peas
Tomato ketchup

ICE CREAM

Fresh fruit
Selection of yoghurts



WEEK THREE

MEGA MONDAY

PIZZA MARGHERITA

Thin crust base topped with yummy tomato sauce and covered with cheese

PASTA NEAPOLITAN

Pasta shapes drenched in tomato & herb sauce Served with crusty bread

VEG & CARBS

Pasta salad
Sweetcorn

CHOCOLATE KRISPIES

Fresh fruit
Selection of yoghurts

TASTY TUESDAY

COTTAGE PIE

Minced beef & veg in gravy topped with fluffy mashed potato

TUNA MELT

Crispy baguette topped with tuna & melted cheese

VEG & CARBS

Mashed potatoes
Green beans

APPLE CRUMBLE WITH CUSTARD

Fresh fruit
Selection of yoghurts

WONDERFUL WEDNESDAY

ROAST BEEF

Juicy beef drizzled with gravy - a school dinner favourite

JACKET POTATO

Your choice of filling!
Baked Beans, Cheese or
Tuna Mayo

VEG & CARBS

Crispy roast potatoes
Carrots
Yorkshire pudding

MELTING MOMENT

Fresh fruit
Selection of yoghurts

TRY IT!! THURSDAY

PEPPERONI & MOZZARELLA PASTA BAKE

Served with crusty bread

SPANISH CHICKEN

Chunky chicken in a zingy sauce

VEG & CARBS

Wholegrain rice
Mixed vegetables
Broccoli

ORANGE & CARROT CAKE

Fresh fruit
Selection of yoghurts

FABULOUS FRIDAY

CHICKEN NUGGET

Chunky chicken wrapped in scrummy coating

CHEESE BURGER

A beefy burger with or without cheese - just ask at the hatch

VEG & CARBS

Chips
Peas
Tomato ketchup

ICE CREAM ROLL

Fresh fruit
Selection of yoghurts

