



## **What does Personal, Social and Emotional Development look like in Early Years at the NCEA Trust?**

At NCEA Trust we know the importance of Personal Social and Emotional Development. This is our starting point, children (and their parents/carers) need to know that they are secure and safe in our care.

We believe that happy, confident children are children who are ready to learn. Adults spend time getting to know each child individually and develop positive relationships with them. They show the children how to cooperate with each other and develop friendships.

We talk about our different emotions and provide strategies for the children to express and manage them. We support them to have a positive view of themselves and their abilities. As the children become more familiar with routines we see their confidence grow and that willingness to try new things increase.

The staff scaffold the children's learning allowing them to engage in activities that they may feel are initially tricky or scary. We teach them specific skills such as how to look after their own bodies and healthy eating as well as developing independence with personal needs. They are shown the importance of being respectful towards others and they gain an understanding of different religions and cultures.

### **Personal, Social and Emotional Development in Reception:**

In Reception children develop their friendships and are helped to build respectful relationships with others. We encourage positive interactions and discuss their own feelings and those of others.

We help children to express themselves and give them strategies for dealing with different situations. We have high expectations of children's behaviour, and have high levels of support when children are finding things difficult.

Activities are planned to motivate children to persevere and show their resilience when things are challenging. This enables them to take risks in a safe way and not to give up. We share the joy when children have overcome a difficulty and are proud of themselves, knowing that they have done well.

Children are taught to manage their own personal needs and develop an understanding of how to keep healthy.