



What does Personal, Social and Emotional Development look like in Early Years at the NCEA Trust?

At NCEA Trust we know the importance of Personal Social and Emotional Development. This is our starting point, children (and their parents/carers) need to know that they are secure and safe in our care.

We believe that happy, confident children are children who are ready to learn. Adults spend time getting to know each child individually and develop positive relationships with them. They show the children how to cooperate with each other and develop friendships.

We talk about our different emotions and provide strategies for the children to express and manage them. We support them to have a positive view of themselves and their abilities. As the children become more familiar with routines we see their confidence grow and that willingness to try new things increase.

The staff scaffold the children's learning allowing them to engage in activities that they may feel are initially tricky or scary. We teach them specific skills such as how to look after their own bodies and healthy eating as well as developing independence with personal needs. They are shown the importance of being respectful towards others and they gain an understanding of different religions and cultures.

Personal, Social and Emotional Development in our Nursery provision:

In Nursery, children will continue to be supported to share and take turns as well as developing their concentration on activities that are interesting to them. We spend time talking about their own feelings and how other people might be feeling and show them how to find solutions to problems. We use examples from familiar stories to help them understand how different characters may be feeling.

At Nursery children learn to follow our rules and routines and show an understanding of why they are important. We show the children how to make good choices and help them to develop their confidence and independence skills.