



What does Personal, Social and Emotional Development look like in Early Years at the NCEA Trust?

At NCEA Trust we know the importance of Personal Social and Emotional Development. This is our starting point, children (and their parents/carers) need to know that they are secure and safe in our care.

We believe that happy, confident children are children who are ready to learn. Adults spend time getting to know each child individually and develop positive relationships with them. They show the children how to cooperate with each other and develop friendships.

We talk about our different emotions and provide strategies for the children to express and manage them. We support them to have a positive view of themselves and their abilities. As the children become more familiar with routines we see their confidence grow and that willingness to try new things increase.

The staff scaffold the children's learning allowing them to engage in activities that they may feel are initially tricky or scary. We teach them specific skills such as how to look after their own bodies and healthy eating as well as developing independence with personal needs. They are shown the importance of being respectful towards others and they gain an understanding of different religions and cultures.

Personal, Social and Emotional Development in our 2-Year Old provision:

In our 2 Year old provision, each child will have a key worker who will look after them and support them in their play and exploration as well as with their personal needs.

The children learn to take turns, share resources and make choices. We introduce them to simple routines and support them with transition times. We help them to grow in independence and confidence by encouraging them to try things for themselves as well as being there for things they may find a little trickier.

Lots of praise and encouragement is given in a nurturing environment where all children are listened to and valued. We help children to recognise their emotions and find ways of managing them.