



"We are the seeds. Our school is the good ground which provides everyone with all they need to grow and achieve."

Safeguarding Newsletter

At Harry Hotspur, safeguarding and promoting the welfare of children is everyone's responsibility and our top priority. Everyone who comes in to contact with the children and families who comprise our community has a role to play.

Everything that we do has the children at its centre. Their wellbeing, their safety, their achievement, their happiness underpins every decision we make. Often when safeguarding is mentioned, the immediate thought is about child protection – when a child is suffering harm, or is in danger of suffering harm. However, safeguarding is much more complex than this and encompasses a very wide range of areas.

At Harry Hotspur, we ensure that all of our staff are well trained in all aspects of safeguarding and this training is regularly updated and frequently revisited throughout the year. We also ensure that our curriculum provides the children with age-appropriate opportunities to learn how to keep themselves healthy and safe.

What is a Designated Safeguarding Lead (DSL)?

Each school must have an appropriate senior member of staff to take lead responsibility for child protection.

Key aspects of the 'Designated Safeguarding Lead' role include:

- Making sure all staff are aware of how to raise safeguarding concerns
- Ensuring all staff understand the symptoms of child abuse and neglect
 - Referring any concerns to social care
 - Monitoring children who are the subject of child protection plans
 - Maintaining accurate and secure child protection records
- Raising awareness of the school's safeguarding policies and procedures, and ensuring they are implemented and reviewed regularly



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Does your child have a bed time routine?

A bedtime routine can significantly benefit sleep quality, emotional well-being, cognitive development, and parent-child bonding by providing a predictable structure that helps your child wind down, promoting better sleep, and creating a sense of security.

ROUTINE CHECKLIST FOR CHILDREN EVENING

- Homework - complete before dinner so you can relax
- Bath or shower - helps to get ready for bed
- Quiet activities - read a book, play with toys, do some colouring
- Story time - share a story in bed with your child
- Dim lights - turn off lights and devices like TVs, computers, tablets and phones an hour before bed

A bedtime routine can help children feel more positive and regulate their emotions and behaviours.
A consistent routine can improve a child's mood.



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Did you know the following age restrictions apply to apps your children may use?

These are in place to keep your children safe.

13+		16+	
Facebook	Snapchat	WhatsApp	
Instagram	Twitter	Sarahah	MeetMe
TikTok	Kik		
YouNow	Yubo	YOLO	LiveMe
House Party	Monkey		

Limiting screen time for children can benefit their development by improving sleep quality, enhancing social skills, promoting physical activity, boosting creativity, reducing eye strain, and improving cognitive function and mental health by allowing more time for other engaging activities like imaginative play and face-to-face interactions. More information can be found on our website:

<https://harryhotspur.ncea.org.uk/parent-carer-hub/e-safety-for-parents/>

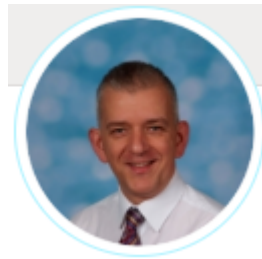


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Safeguarding Leads



Mrs Ramezanpour



Mr Johnston



Mrs Redpath

All safeguarding concerns should be raised with Mr Johnston, Designated Safeguard Lead for the school. If Mr Johnston is unavailable please alert Mrs Ramezanpour or Mrs Redpath, Deputy Safeguard Leads.

If you have a concern out of school hours or you are unable to contact the above safeguard leads, please contact: ONE CALL – 01670 536400