## DUKES SECONDARY SCHOOL WEEK 3 LUNCH MENU

16 NOVEMBER 07 DECEMBER

IF YOU HAVE ANY DIETARY OR ALLERGY REQUIREMENTS PLEASE SPEAK TO MRS K WATKINSON @ DUKES

| | MEGA MONDAY | TASTY TUESDAY | WONDERFUL WEDNESDAY | TRY IT!! THURSDAY | FABULOUS FRIDAY |
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| **MAIN COURSE Servery 1** | Margherita pizza<br>Oven baked potato wedges<br>Sweetcorn | Homemade mince pie<br>Boiled potatoes<br>Peas | Roast turkey in gravy<br>Roast potatoes<br>Yorkshire pudding<br>Broccoli | Salt & pepper chicken with Katsu sauce<br>Rice<br>Peas | Chicken Rogan Josh & Rice<br>Naan bread<br>Mixed vegetables |
| **SANDWICH SELECTION Servery 1** | Selection of sandwiches & wraps | Selection of sandwiches & wraps | Selection of sandwiches & wraps | Selection of sandwiches & wraps | Selection of sandwiches & wraps |
| **WORLD FOODS Servery 1** | Mac 'n ' Cheese | Sweet & sour chicken with rice & prawn crackers | BBQ chicken with roast potatoes | Cheese & Tomato pizzini with diced potatoes | **X** |
| ***PUDDINGS Servery 1*** | *Yoghurt*<br>*Fruit/fruit salad*<br>*Iced vanilla sponge* | *Yoghurt*<br>*Fruit/fruit salad*<br>*Strawberry Mousse* | *Yoghurt*<br>*Fruit/fruit salad*<br>*Homemade biscuit* | *Yoghurt*<br>*Fruit/fruit salad*<br>*Iced chocolate sponge* | *Yoghurt*<br>*Fruit/fruit salad*<br>*Ice cream* |
| **JACKET SPUDS Servery 2** | Jacket potato<br>Choice of hot & cold fillings | Jacket potato<br>Choice of hot & cold fillings | Jacket potato<br>Choice of hot & cold fillings | Jacket potato<br>Choice of hot & cold fillings | Jacket potato<br>Choice of hot & cold fillings |

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| **PASTA KING Servery 2** | Pasta king with a selection of sauces<br><br>Self serve salad<br>Inc ham, tuna, cheese | Pasta king with a selection of sauces<br><br>Self serve salad<br>Inc ham, tuna, cheese | Pasta king with a selection of sauces<br><br>Self serve salad<br>Inc ham, tuna, cheese | Pasta king with a selection of sauces<br><br>Self serve salad<br>Inc ham, tuna, cheese | Pasta king with a selection of sauces<br><br>Homemade beef chilli with nachos |
| **HOT PANINIS & sandwiches Servery 2** | Selection of hot paninis<br>Selection of sandwiches & wraps | Selection of hot paninis<br>Selection of sandwiches & wraps | Selection of hot paninis<br>Selection of sandwiches & wraps | Selection of hot paninis<br>Selection of sandwiches & wraps | Selection of hot paninis<br>Selection of sandwiches & wraps |
| ***PUDDINGS Servery 2*** | *Yoghurt*<br>*Fruit/fruit salad*<br><br>*Iced vanilla sponge* | *Yoghurt*<br>*Fruit/fruit salad*<br><br>*Strawberry Mousse* | *Yoghurt*<br>*Fruit/fruit salad*<br><br>*Homemade biscuit* | *Yoghurt*<br>*Fruit/fruit salad*<br><br>*Iced chocolate sponge* | *Yoghurt*<br>*Fruit/fruit salad*<br><br>*Ice cream* |