

DUKES SECONDARY SCHOOL WEEK 3 LUNCH MENU

15 SEPTEMBER 06 OCTOBER 03 NOVEMBER 24 NOVEMBER 15 DECEMBER

IF YOU HAVE ANY DIETARY OR ALLERGY REQUIREMENTS PLEASE SPEAK TO **Mrs K WATKINSON @ DUKES**

	MEGA MONDAY	TASTY TUESDAY	WONDERFUL WEDNESDAY	TRY IT!! THURSDAY	FABULOUS FRIDAY
MAIN COURSE Servery 1	Margherita pizza Oven baked potato wedges Sweetcorn	Homemade mince pie Mashed potatoes Peas	Roast turkey in gravy Roast potatoes Yorkshire pudding Broccoli	Chicken & sweetcorn pasta Garlic bread Carrots	Chicken Rogan Josh & Rice Naan bread Mixed vegetables
SANDWICH SELECTION Servery 1	Selection of sandwiches & wraps	Selection of sandwiches & wraps	Selection of sandwiches & wraps	Selection of sandwiches & wraps	Selection of sandwiches & wraps
WORLD FOODS Servery 1	Homemade soup & baguette	Cantonese style sweet & sour chicken with rice & prawn crackers	Kate's special chow mein	Cheese & Tomato pizzini with oven baked wedges	X
PUDDINGS Servery 1	Yoghurt Fruit/fruit salad Vanilla sponge & custard	Yoghurt Fruit/fruit salad Strawberry Mousse	Yoghurt Fruit/fruit salad Homemade biscuit	Yoghurt Fruit/fruit salad Iced chocolate sponge	Yoghurt Fruit/fruit salad Ice cream
JACKET SPUDS Servery 2	Jacket potato Choice of hot & cold fillings	Jacket potato Choice of hot & cold fillings	Jacket potato Choice of hot & cold fillings	Jacket potato Choice of hot & cold fillings	Jacket potato Choice of hot & cold fillings
PASTA KING Servery 2	Pasta king with a selection of sauces Self serve salad Inc ham, tuna, cheese	Pasta king with a selection of sauces Self serve salad Inc ham, tuna, cheese	Pasta king with a selection of sauces Self serve salad Inc ham, tuna, cheese	Pasta king with a selection of sauces Self serve salad Inc ham, tuna, cheese	Pasta king with a selection of sauces Homemade beef chilli with nachos

HOT PANINIS & sandwiches Servery 2	Selection of hot paninis Selection of sandwiches & wraps	Selection of hot paninis Selection of sandwiches & wraps	Selection of hot paninis Selection of sandwiches & wraps	Selection of hot paninis Selection of sandwiches & wraps	Selection of hot paninis Selection of sandwiches & wraps
PUDDINGS Servery 2	Yoghurt Fruit/fruit salad Vanilla sponge & custard	Yoghurt Fruit/fruit salad Strawberry Mousse	Yoghurt Fruit/fruit salad Homemade biscuit	Yoghurt Fruit/fruit salad Iced chocolate sponge	Yoghurt Fruit/fruit salad Ice cream