

DUKES SECONDARY SCHOOL WEEK 1 LUNCH MENU

01 SEPTEMBER 22 SEPTEMBER 13 OCTOBER 10 NOVEMBER 01 DECEMBER

IF YOU HAVE ANY DIETARY OR ALLERGY REQUIREMENTS PLEASE SPEAK TO **Mrs K WATKINSON @ DUKES**

	MEGA MONDAY	TASTY TUESDAY	WONDERFUL WEDNESDAY	TRY IT!! THURSDAY	FABULOUS FRIDAY
MAIN COURSE Servery 1	Margherita pizza Oven baked potato wedges Sweetcorn	Oven baked sausages Buttered boiled potatoes Broccoli	Homemade chicken pie Roast potatoes Carrots	Homemade lasagne Garlic bread Peas	Chicken Tikka Masala Rice Naan Bread Mixed veg
SANDWICH SELECTION Servery 1	Selection of sandwiches & wraps	Selection of sandwiches & wraps	Selection of sandwiches & wraps	Selection of sandwiches & wraps	Selection of sandwiches & wraps
WORLD FOODS Servery 1	Bacon topped Mac 'n ' Cheese	Homemade sweet chilli chicken strips with noodles and prawn crackers	Chicago Town pepperoni pizza	Cheese & onion pasty or Pork sausage roll Both served with oven baked potato wedges	X
PUDDING Servery 1	Yoghurt Fresh fruit/fruit salad Apple crumble & custard	Yoghurt Fresh fruit/fruit salad Iced vanilla sponge	Yoghurt Fresh fruit/fruit salad Homemade biscuit	Yoghurt Fresh fruit/fruit salad Pear & chocolate sponge with chocolate sauce	Yoghurt Fresh fruit/fruit salad Arctic roll
SPUDS Servery 2	Jacket potato Choice of hot & cold fillings	Jacket potato Choice of hot & cold fillings	Jacket potato Choice of hot & cold fillings	Jacket potato Choice of hot & cold fillings	Jacket potato Choice of hot & cold fillings
PASTA KING Servery 2	Pasta king with a selection of sauces Self serve salad Inc ham, tuna, cheese	Pasta king with a selection of sauces Self serve salad Inc ham, tuna, cheese	Pasta king with a selection of sauces Self serve salad Inc ham, tuna,cheese	Pasta king with a selection of sauces Self serve salad Inc ham, tuna,cheese	Pasta king with a selection of sauces Homemade Mexican beef tacos

HOT PANINIS & sandwiches Servery 2	Selection of hot paninis Selection of sandwiches & wraps	Selection of hot paninis Selection of sandwiches & wraps	Selection of hot paninis Selection of sandwiches & wraps	Selection of hot paninis Selection of sandwiches & wraps	Selection of hot paninis Selection of sandwiches & wraps
PUDDINGS Servery 2	Yoghurt Fresh fruit/fruit salad Apple crumble & custard	Yoghurt Fresh fruit/fruit salad Iced vanilla sponge	Yoghurt Fresh fruit/fruit salad Homemade biscuit	Yoghurt Fresh fruit/fruit salad Pear & chocolate sponge with chocolate sauce	Yoghurt Fresh fruit/fruit salad Arctic roll