



LUNCH MENU - WEEK 3

W/C
17/03
07/04

If you have any dietary or allergy requirements, please speak to Mrs K. Watkinson

<u>SERVERY 1</u>	MEGA MONDAY	TASTY TUESDAY	WOW WEDNESDAY	TRY IT THURSDAY	FAB FRIDAY
MAIN COURSE	Chicken & Tomato Pasta Bake Crusty Bread Sweetcorn	Homemade Mince Pie & Mashed Potatoes Peas	Roast Turkey in gravy Roast Potatoes Yorkshire Pudding Mixed Veg	Homemade Beef Lasagne Garlic Bread Carrot	Chicken Rogan Josh Rice Naan Bread Peas
SANDWICHES	Selection of Sandwiches & Wraps	Selection of Sandwiches & Wraps	Selection of Sandwiches & Wraps	Selection of Sandwiches & Wraps	Selection of Sandwiches & Wraps
WORLD FOODS	Homemade Soup & Baguette	Cantonese Style Sweet & Sour Chicken with Rice & Prawn Crackers	Chicago Town Pepperoni Pizza	Cheesy BBQ Chicken with Oven Baked Wedges	X
PUDDINGS	Yoghurt Fresh Fruit/ Fruit Salad Vanilla Sponge & Custard	Yoghurt Fresh Fruit/ Fruit Salad Strawberry Mousse	Yoghurt Fresh Fruit/ Fruit Salad Homemade Biscuit	Yoghurt Fresh Fruit/ Fruit Salad Apple Crumble & Custard	Yoghurt Fresh fruit/ Fruit Salad Ice Cream
<u>SERVERY 2</u>	MEGA MONDAY	TASTY TUESDAY	WOW WEDNESDAY	TRY IT THURSDAY	FAB FRIDAY
JACKET SPUDS	Jacket Potato Choice of Hot & Cold Fillings	Jacket Potato Choice of Hot & Cold Fillings	Jacket Potato Choice of Hot & Cold Fillings	Jacket Potato Choice of Hot & Cold Fillings	Jacket Potato Choice of Hot & Cold Fillings
PASTA KING	Pasta King with a Selection of Sauces Self-Serve Salad Inc Ham, Tuna	Pasta King with a Selection of Sauces Self-Serve Salad Inc Ham, Tuna	Pasta King with a Selection of Sauces Self-Serve Salad Inc Ham, Tuna	Pasta King with a Selection of Sauces Self-Serve Salad Inc Ham, Tuna	Pasta King with a Selection of Sauces Homemade Beef Chilli with Nachos
HOT PANINIS & SANDWICHES	Selection of Hot Paninis Selection of Sandwiches & Wraps	Selection of Hot Paninis Selection of Sandwiches & Wraps	Selection of Hot Paninis Selection of Sandwiches & Wraps	Selection of Hot Paninis Selection of Sandwiches & Wraps	Selection of Hot Paninis Selection of Sandwiches & Wraps
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DUKE'S SECONDARY SCHOOL

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