

## PSHE (Personal, Social, Health and Education) Curriculum Map

Students have one lesson a fortnight. Therefore if one lesson is missed due to an event or training day etc.; a lesson will be missed from the Half term of lessons.

Half terms	Year 7	Year 8	Year 9
<b>Half Term 1</b>	<b>Knowing me and mental health</b>	<b>Emotional Health</b>	<b>Unhealthy impacts media</b>
	L1 Ground rules listening	L1 Friendship	L1 Body image/media influence
	L2 Mental health depression	L2 What is emotional health	L2 Domestic abuse myths & realities
	L3 Responsibility/respect	L3 What is my support network	L3 Abusive relationships
	L4 Knowing myself	L4 Anger management L1	L4 Managing stress
<b>Half Term 2</b>	<b>Puberty and feelings</b>	<b>Tolerance</b>	<b>Online Issues</b>
	L1 Changes in Puberty feelings	L1 Prejudice and stereotyping	L1 Online information
	L2 Puberty and worries support	L2 role of united nations	L2 Sexting, nudes and upskirting
	L3 Conception sexuality	L3 Voting why it matters	L3 online reputation
	L4 Equality (LGBTQ) intro	L4 The internet of things (online safety)	L4 managing online info
<b>Half Term 3</b>	<b>Democracy and British Values</b>	<b>Conception/Contraception</b>	<b>Responses</b>
	L1 Humanity British values	L1 Sex and relationships	L1 First Aid
	L2 Human rights	L2 A Healthy relationship	L2 Knife Crime
	L3 Democratic decision making	L3 Contraception	L3 Peer Pressure/online
	L4 The electoral system in the UK	L4 Privacy and security online	L4 Pornography and relationships
<b>Half Term 4</b>	<b>Drugs Awareness</b>	<b>Drug situations</b>	<b>Sexual risk</b>
	L1 Drugs legal or illegal	L1 situations involving drugs	L1 Recognising and managing risks
	L2 Cannabis	L2 Physical, emotional & social effects	L2 Contraceptives and STI's
	L3 Volatile substance abuse	L3 Main drug related situations	L3 Condoms
<b>Half Term 5</b>	<b>Coping with life issues</b>	<b>Self-harm and grooming</b>	<b>Finances</b>
	L1 marriage/family commitment	L1 Self-harm	L1 Public money
	L2 Loss/Separation/Divorce/Bereavement	L2 Self-harm	L2 young consumers/ rights
	L3 Developing resilience	L3 grooming	L3 Gambling
<b>Half Term 6</b>	<b>Youth and crime</b>	<b>Personal health</b>	<b>Human Rights</b>
	L1 Antisocial behaviour	L1 first aid	L1 Diversity an essential part of HR
	L2 causes and consequences crime	L2 personal hygiene	L2 Misogyny
	L3 Youth justice system	L3 Sleeping	L3 Amnesty International
	L4 Making laws	L4 Wellbeing online	L4 The value of PSHE