



## Y10 GCSE PE ROADMAP

Term	Key Topic/Component	Assessment point	Grade achieved
HT 1	1.2 a & b Physical Training	September: 1.2a assessment October: 1.2b assessment	
HT 2	1.2c Physical Training 1.1a Applied Anatomy & Physiology	November: 1.2c assessment December: 1.1a assessment	
HT 3	1.1 b & c Applied Anatomy & Physiology	January: 1.1b assessment February: 1.1c assessment	
HT 4	1.1 d & e Applied Anatomy & Physiology	March: 1.1d assessment April: 1.1 e assessment	
HT 5	2.1 Socio-Cultural Influences	May: 2.1a & b assessment June: 2.1c assessment	
HT 6	2.2 Sport Psychology	No assessment	