

APR 24



SIXTH FORM NEWSLETTER

WELLBEING DAY

WORLD OF WORK DAY

SKILLS DEVELOPMENT

#YouDontNeedToTravelFarToGetAhead



Welcome to the Spring edition of our Sixth Form newsletter. We've had an extremely busy term with external modular and mock examinations, Year 12 work experience plus many events allowing students to prepare for the future beyond Year 13.

It has also been a great time to welcome prospective new sixth form students from our current Year 11 to try out the subjects we have on offer and meet our current students to get the low down on sixth form life.



Danielle Powers

HEAD OF SIXTH FORM

Skills Development

We talk a lot in sixth form about developing our transferable skills to support us when applying for university or apprenticeships but this term we have been focusing on developing new skills as a way of broadening our experiences and trying something new. Check out our circus workshop led by Paul from NCS.



'GOOD' RESULT FOR SIXTH FORM



Meet some of our Sixth Form Alumni who have been back in school recently working in our PE department.

Left to right we have;

Hannah- Newcastle College University Centre: Sports Coaching & Physical Activity

Ana-Lee- Northumbria University: Sport and Exercise Science

Sam: Northumbria University: Sport and Exercise Science

We asked our students to describe a typical day;

Hannah said 'I typically head to uni early for lectures and also coaching sessions. I then go to the gym and fit in some independent study before heading to my part time job.'

What 3 things do you enjoy most about your chosen career or further study?

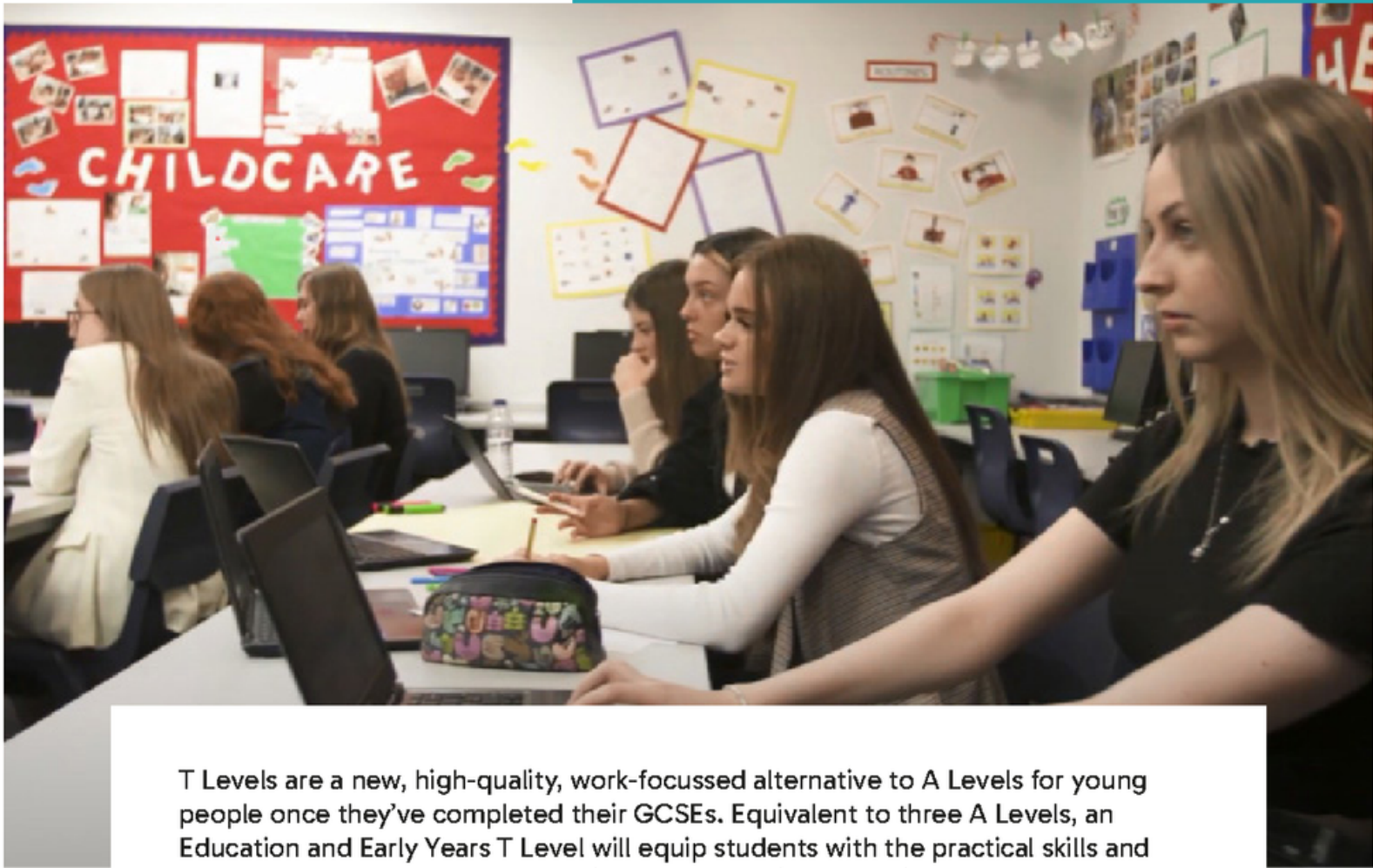
Sam said '1. Being active, 2. Learning new things & 3. Meeting lots of new people

What advice would you give to our current sixth form students?

Ana-Lee said, create a study schedule! It helps with structuring your work. Give yourself a set amount of time to complete day to day activities such as revision, exercise and set a bed time.



Creating the next generation of skilled Education and Early Years workers



T Levels are a new, high-quality, work-focussed alternative to A Levels for young people once they've completed their GCSEs. Equivalent to three A Levels, an Education and Early Years T Level will equip students with the practical skills and knowledge they need to progress into the education and childcare workforce, university, or a higher level education and childcare apprenticeship.

What's it all about?

The Education and Early Years T Level (Assisting Teaching) is a technical qualification that combines knowledge and theory with a practical work placement made up of a minimum of 45 days in an educational setting! So if you are self-motivated and love to combine written assignments with practical learning this could be the course for you!

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Creating the next generation of skilled Education and Early Years workers



What specific skills will I learn?

Everyone studies a core curriculum of child development and how education works, alongside important topics like safeguarding and special educational needs. Students will then focus on the area of "assisting teaching" and spend their placement in an exciting educational environment.

Who is it suitable for?

The Technical Qualification is primarily aimed at post 16 year old students who wish to progress into the education and childcare sector. This qualification will equip young people with the knowledge, skills and behaviours they need to enter skilled employment. The occupational specialism we are delivering at Duke's is Assisting Teaching. To achieve this qualification, you must successfully demonstrate your achievement of the Core Component and the Occupational Specialism Component.

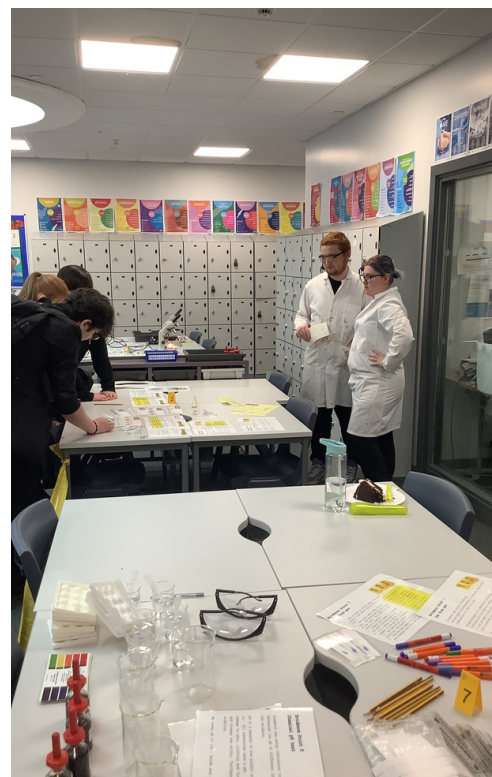
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MEET AND GREET

WELCOMING YEAR 11



In February we welcomed Year 11 students into our sixth form with a meet and greet event.

This was a fantastic opportunity for our current sixth form students to provide their insight into studying at Duke's Sixth Form and answer any questions Y11 students may have all over some fun activities and delicious cakes.



Wellbeing conference

We ended the term on a high, cooking, eating, exercising and learning together. We understand the importance of being well and looking after ourselves as we know this has such a positive impact on how we perform in exams and our ability to work hard.

Students attended sessions delivered by external visitors including;

Nourish Foods- focus on healthy eating and making chicken souvlaki from scratch
Fitness Freaks- building exercise into our daily routine with a pilates taster workshop

Sexual Health Team- focus on keeping safe and avoiding risky behaviours

Mental wellbeing- learning new skills and finding coping strategies when things are difficult

We've had a great day!

