



YEAR 7		
HT1 Preparing for the future Ground rules listening Mental health depression Responsibility/respect Knowing myself	HT3 Democracy and British Values Humanity British values Human rights Democratic decision making The electoral system in the UK	HT5 Coping with life issues Marriage/family commitment Loss/Separation/Divorce/Bereavement Developing resilience
HT2 Puberty and feelings Changes in Puberty feelings Puberty and worries support Conception sexuality Equality (LGBTQ) intro	HT4 Drugs Awareness Drugs legal or illegal Cannabis Volatile substance abuse	HT6 Youth and crime Antisocial behaviour causes and consequences crime Youth justice system Making laws
YEAR 8		
HT1 Emotional Health Friendship What is emotional health What is my support network Anger management	HT3 RSE (Relationship and sex education) Sex and relationships Sex and relationships issues scenarios Contraception Accepting criticism	HT5 Self-harm and grooming Self-harm Self-harm Grooming
HT2 Tolerance Prejudice and stereotyping Role of united nations Voting why it matters Investigate different levels of democracy	HT4 Drug situations Situations involving drugs Physical, emotional & social effects Main drug related situations	HT6 Personal health First aid Personal hygiene Sleeping Wellbeing online
YEAR 9		
HT1 Unhealthy impacts media Body image/media influence Domestic violence myths & realities Abusive relationships Managing stress	HT3 Responses First Aid Knife Crime Peer Pressure/online Pornography and relationships	HT5 Finances Public money Young consumers/ rights Gambling
HT2 Online Issues Online information Sexting, nudes and upskirting Online reputation Managing online info	HT4 Human Rights Diversity an essential part of HR Human rights abuse Amnesty international	HT6 Sexual risk Recognising and managing risks Contraceptive methods Condoms STI's