



# JOURNAL

June 2023

### **CCF UPDATES!**

This month the CCF are attending a camp from the 10th - 14th of June in Driffield, Yorkshire.

Cadets will complete one whole day at the North Yorkshire Water Park completing adventure training, as well as field craft exercises and weapons training.

The cadets are currently going through all of their weapons testing and training, as well as drill and turnout inspections, in preparation for the camp.

Pictures below show where the cadets will be spending their time.



Mr Watson, our Contingent commander, has recently passed his commissioning board and now holds the rank of second lieutenant. Well done!

Miss Gill has also recently been promoted to the rank of sergeant. Congratulations!

### Look out for more CCF news in upcoming newsletters...







Congratulations to Sandra for passing her Mandarin language test (HSK1). Her hard work has paid off. We think we should mark this, because she joked about herself saying she probably is the FIRST person in Ashington who has a Mandarin qualification. Well done Sandra!







## Don't forget that Duke's Sports Day is coming up on the 13th July!

### Things to remember for the day:

Wear school PE kit, with coloured accessories to match your house

Bring plenty of water/ water bottle

Wear sunscreen, and bring a hat

Check with your tutor/ sports captain for the times of your events and where you need to be on the day

Information about events on the next page.

				FIELD	EVEN	TS			
Year 9 and 10 events and times		Tug of War	Long Jump	Discus	Speed bounce	Javelin	Shot Put	High Jum	
	9:10	9G	9B	10G	10B	9G	9B	10G	
	9:35	9B	10G	10B	9G	9B	10G	10B	
	10:00	10G	10B	9G	9B	10G	10B	9G	
	10:25	10B	9G	9B	10G	10B	9G	9B	
	10:45	BREAK							
	11:05								
	11:25	11:25 4 x 100M Finals Vs Staff							
	11:40	11:40 END OF MORNING SESSION							
	TRACK EVENTS								
	Students must listen to all announcements, DO NOT MISS YOUR EVENT!								
	9:10	400M - Boys Only, Running Order - Yr9 boys, Yr10 boys							
	9:35								
	10:00 200M - Running Order - 9G, 9B, 10G, 10B   10:25 4 x 100M Relay Heats - Running Order - 9G, 9B, 10G, 10B								
								В	
	10:45	BREAK							
	11:05								
	11:25 4 x 100M Finals - Running Order - Girls and Female Staff, Boys and Male Staf								
	11:40 END OF MORNING SESSION								
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FIELD EVENTS												
	Tug of War	Long Jump	Discus	bounce	Javelin	Shot Put	High Jump					
12:00	7G	7B	8G	8B	7G	7B	8G					
12:25	7B	8G	8B	7G	7B	8G	8B					
12:50		LUNCH										
13:30	8G	8B	7G	7B	8G	8B	7G					
13:55	8B	7G	7B	8G	8B	7G	7B					
14:20												
14:30	STUDENTS GATHER ON FIELD											
14:45	END OF AFTERNOON SESSION											
TRACK EVENTS												
Students must listen to all announcements, DO NOT MISS YOUR EVENT!												
12:00												
12:25	;											
12:50												
13:30	200M - Running Order - 7G, 7B, 8G, 8B											
13:55	;	4 x 100M Relay Heats - Running Order - 7G, 7B, 8G, 8B										
14:20	100M - Running Order - 7G, 7B, 8G, 8B											
14:30		STUDENTS GATHER ON FIELD										
14:45	END OF AFTERNOON SESSION											

#### Year 7 and 8 events and times

