

#### LONG TERM CURRICULUM PLAN

## 2021-22

#### GCSE PE:

YEAR 10				
HT1	HT3	HT5		
1.2 Physical Training	1.1 Applied Anatomy and Physiology	2.1 Social Cultural Influences		
Practical: CONSOLIDATION OF PHYSICAL FITNESS	Practical: Badminton	Practical: Volleyball		
HT2	HT4	HT6		
1.2 Physical Training &	2.1 Social Cultural Influences	2.2 Sports Psychology		
1.1 Applied Anatomy and Physiology	Practical: Volleyball	Practical: Athletics		
Practical: Handball				

YEAR 11				
HT1	HT3	HT5		
2.2 Sports Psychology	Coursework: EAPI	Revision of content		
Practical: Basketball/ Netball	Practical: Finetune any outstanding marks			
HT2	HT4	HT6		
2.3 Health Fitness and Well-Being	Revision of content			
Practical: Table Tennis				



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# BTEC Sport:

YEAR 10			
HT1	HT3	HT5	
Unit 2- Practical Sports Performance	Unit 2 Practical Sports Performance	Unit 6 Leading Sports Activities	
Learning aim A	Learning aim C	Learning aim C	
HT2	HT4	HT6	
Unit 2- Practical Sports Performance	Unit 6- Leading Sports Activities	Unit 1- Fitness for Sport and Exercise Introduction	
Learning aim B	Learning aim A/B		

YEAR 11			
HT1	HT3	HT5	
Unit 1- Fitness for Sport and Exercise	Unit 3- Applying the principles of training	Unit 3- Applying the principles of training	
	Learning aim A	Learning aim B	
HT2	HT4	HT6	
Unit 1- Fitness for Sport and Exercise	Unit 3- Applying the principles of training	Unit 3- Applying the principles of training	
	Learning aim C	Learning aim D	