

# Strawberry Milkshake

## Ingredients

250ml of semi-skimmed milk

2 scoops of vanilla ice cream

1 cup of strawberries (washed and halved)

Toppings of your choice

## Equipment

Blender

Straw (optional)

## Method

1. Put the milk and ice cream into a blender.
2. Add the strawberries.
3. Use the blender to mix until smooth.
4. Serve in a tall glass with a straw.
5. Add your favourite toppings. You could use rainbow sprinkles, whipped cream or strawberry sauce.
6. Enjoy!



### Disclaimer:

We hope you find this resource useful. These recipes are intended as general guide only and involve the use of knives and kitchen appliances. It is your responsibility to assess risks and ensure the activity is safe for those participating. We will not be held responsible for the health and safety of those participating and cannot accept any liability. It is also your responsibility to ensure you are fully aware of the allergies and health conditions of anyone making or consuming these products – noting potential allergens included in the ingredients.



# Banana Milkshake

## Ingredients

250ml of semi-skimmed milk

2 scoops of vanilla ice cream

1 ripe banana (peeled)

Toppings of your choice

## Method

1. Put the milk and ice cream into a blender.
2. Add the banana.
3. Use the blender to mix until smooth.
4. Serve in a tall glass with a straw.
5. Add your favourite toppings. You could use mini marshmallows, dried banana chips or caramel sauce.
6. Enjoy!

## Equipment

Blender

Straw (optional)



### Disclaimer:

We hope you find this resource useful. These recipes are intended as general guide only and involve the use of knives and kitchen appliances. It is your responsibility to assess risks and ensure the activity is safe for those participating. We will not be held responsible for the health and safety of those participating and cannot accept any liability. It is also your responsibility to ensure you are fully aware of the allergies and health conditions of anyone making or consuming these products – noting potential allergens included in the ingredients.



# Chocolate Milkshake

## Ingredients

250ml of semi-skimmed milk

2 scoops of chocolate ice cream

Toppings of your choice

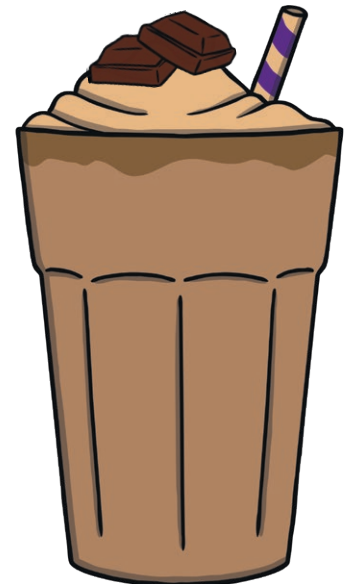
## Method

1. Put the milk and ice cream into a blender.
2. Use the blender to mix until smooth.
3. Serve in a tall glass with a straw.
4. Add your favourite toppings. You could use whipped cream, chocolate chips or caramel sauce.
5. Enjoy!

## Equipment

Blender

Straw (optional)



### Disclaimer:

We hope you find this resource useful. These recipes are intended as general guide only and involve the use of knives and kitchen appliances. It is your responsibility to assess risks and ensure the activity is safe for those participating. We will not be held responsible for the health and safety of those participating and cannot accept any liability. It is also your responsibility to ensure you are fully aware of the allergies and health conditions of anyone making or consuming these products – noting potential allergens included in the ingredients.