

Messy Play Texture Hierarchy

Easy	Challenging		
<p>Dry textures fall away and the child can control contact with the texture.</p>	<p>Dry textures that mostly fall away, some particles or bits may stick to the hand.</p>	<p>Wet textures that stick to the hand but the child can easily break contact with the texture (e.g. by lightly wiping)</p>	<p>Wet textures that stick to the hand and the child has least control when breaking contact with the texture (e.g. by repeatedly wiping).</p>
<ul style="list-style-type: none"> ▪ Feathers ▪ Shredded paper ▪ Dry Pasta / spaghetti ▪ Dry Rice ▪ Dry porridge oats ▪ String ▪ Lace ▪ Fabric squares ▪ Fur fabric ▪ Dry sand ▪ Beads ▪ Plastic items ▪ Sea shells ▪ Coconut husks ▪ Dry lentils / beans ▪ Dried flowers ▪ Hay / straw ▪ Leaves ▪ Cotton wool 	<ul style="list-style-type: none"> ▪ Damp Sand ▪ Glitter ▪ Sequins ▪ Touching mixture of corn flour mixed with water. ▪ Cold wet pasta / spaghetti ▪ Wet rice ▪ Silly string ▪ Chalks ▪ Playdough ▪ Compost 	<ul style="list-style-type: none"> ▪ Foam (e.g. light shaving foam) ▪ Water ▪ Wet sand ▪ Wet noodles ▪ Wet lentils ▪ Baked beans ▪ Jelly ▪ Mashed potato ▪ Ice cubes 	<ul style="list-style-type: none"> ▪ Foam (e.g. heavy shaving foam) ▪ Glue ▪ Melted chocolate ▪ Mashed banana ▪ Dripping mixture of corn flour mixed with water on the skin ▪ Mud ▪ Angel delight ▪ Porridge ▪ Custard ▪ Yoghurt ▪ Ice cream ▪ Finger Paint / poster paint ▪ Tinned Spaghetti <p style="font-size: small; margin-top: 10px;">Items may also include additional properties at this end of the scale (e.g. ice cream is wet, sticky and cold)</p>

Food Play Texture Hierarchy

Easy		Challenging	
<p>Firm and dry:</p> <ul style="list-style-type: none"> ▪ Dry textures fall away and the child can control contact with the texture. ▪ No brushing or wiping is required 	<p>Soft and Dry:</p> <ul style="list-style-type: none"> ▪ Dry textures that mostly fall away, some particles or bits may stick to the hand, ▪ Brushing residue required to break contact 	<p>Wet:</p> <ul style="list-style-type: none"> ▪ Wet textures that maintain contact with the hand but the child can easily break contact with the texture ▪ Requires wiping to break contact with texture. 	<p>Wet and sticky:</p> <ul style="list-style-type: none"> ▪ Wet textures that stick to the hand and the child has least control when breaking contact with the texture, ▪ Requires repeated wiping to break residue away.
<ul style="list-style-type: none"> ▪ Marzipan ▪ Ready roll icing ▪ Broken pancakes ▪ Cereals – cornflakes, rice krispies, cocoa pops etc. ▪ Uncooked noodles (hard) ▪ raw vegetables (either whole or in chunks – but dry!) ▪ liquorice ▪ snack foods – skips wotsits, 	<ul style="list-style-type: none"> ▪ Icing sugar ▪ Cocoa powder ▪ Dry angel delight mix ▪ Dry porridge oats ▪ Granulated sugar ▪ Sherbert ▪ cake decorations – hundreds and thousands, strands etc 	<ul style="list-style-type: none"> ▪ Water ▪ Cooked noodles ▪ Cooked lentils ▪ Cooked pasta / spaghetti ▪ Cooked rice ▪ Jelly ▪ Mashed potato ▪ Ice cubes ▪ piping icing ▪ Custard ▪ Yoghurt ▪ Baked beans ▪ puréed fruit and vegetables 	<ul style="list-style-type: none"> ▪ Melted chocolate ▪ Mashed banana ▪ Angel delight ▪ Porridge ▪ Ice cream ▪ Tinned Spaghetti ▪ chocolate spread ▪ jam, lemon curd etc. ▪ ketchup ▪ sweet and sour sauce <p>Items may also include additional properties at this end of the scale (e.g. ice cream is wet, sticky and cold)</p>