

Joint attention activities

Read a book together, interactive ones are good where your child will need to touch a texture or press a button to hear a noise or copy an action.

Build a tower and knock it over. Could use empty boxes.

Windup toys or ready steady go toys that do something after you've said ready steady go. A balloon can be blown up, 123 go and let go of the balloon and watch it whizz around the room

Put three cuddly animals on a big box or table or shelf one by one saying up, up, up. Then say knock down as you push each one off. Encourage your child to join in after observing

Hide something your child loves under one of 3 cups and move them around. Can they show you where it is?

Use a drum or a saucepan and 2 wooden spoons. Beat slowly and then fast. Can your child take his turn after you?

What we are looking for

Looking at the activity and then at you, gaze alternating between you and the activity

Interaction with the activity you are presenting

Give the object or balloon back to you to do it again