

Who to contact if you need help and school is closed

Sometimes you need help and you may not know where to turn and school maybe closed. The following contact details maybe able to give you some advice or support.

Police non-emergency – 101

South Tyneside Social Care – 0191 4245010

South Tyneside Social Care (out of hours) – 0191 4562093

Early Help – 0191 4246210

Lifecycles – 0191 2832937

Initla Response Team - 03031231145

Samaritans – 116123

NSPCC – 08088005000

Childline – 08001111

Place2Be - <https://parentingsmart.place2be.org.uk/>

We hope we find them useful. If children are at school, please contact us, we will do all we can to support.