



**MIRI PIRI
ACADEMY**

Guru Ki Widali

Chheharta, Amritsar 143105

Email: info@miripiriacademy.org

Call: 91-80540-18906

Prospectus



**MIRI PIRI
ACADEMY**

Introduction

Dear Parents and Guardians,

Thank you for your interest in Miri Piri Academy (MPA). This prospectus explains what our school is about, how we do things, what you should expect from us and what we expect from you.

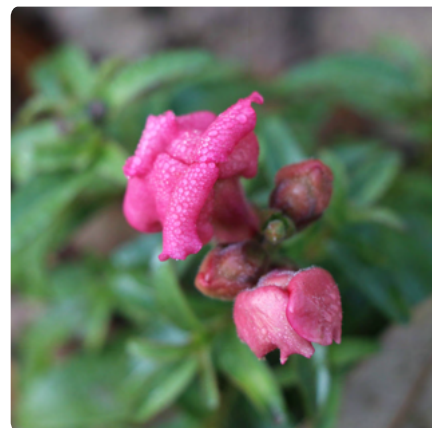
MPA opened in 1996 as a full-boarding school for children of the 3HO community. Since then we have had students attend from 39+ countries. In 2023, MPA opened a Day School to local Amritsar children, in addition to its boarding school program. Open to Grades 5 to 12, we offer a Cambridge Assessment International Education (CAIE) UK curriculum taught through learning expeditions, projects and traditional teaching methods. Our students are trained to be Kundalini Yoga teachers and receive a certificate from Kundalini Yoga Research Institute (KRI), USA when they graduate from MPA.

We have modeled our program on the teachings of Kundalini Yoga as taught by Yogi Bhajan, Sikh philosophy and lifestyle and the expeditionary learning model with its focus both on high academic achievement and character development.

The school year begins at the end of August each year and concludes at the end of May. We recommend that you apply early to give time to make travel arrangements and obtain a student visa for India.

At MPA, we have created a well-rounded curriculum that supports the growth of our students academically, physically and spiritually. We focus on meditation and self-reflection, hard work and sharing with others. We believe that meaningful learning is a transformative process that includes the whole person - mind, body and spirit.

We hold high expectations for all our stakeholders. Our students are expected to be able to go to college/university, our staff to pursue a high level of continual professional learning, and our parents to be active participants in their child's learning by attending open houses, Celebrations of Learning, Student Presentations, and Parent-Teacher Conferences.



**We Accept
We Aspire to Grow
We Learn**



**We Turn Inwards
We Reflect
We Rise**



A Journey Of Spiritual Growth

Miri Piri Academy offers a unique and comprehensive educational experience that **integrates academic rigor with spiritual growth and personal development**. Our approach is rooted in the belief that true education is not just about intellectual achievement, but also about **cultivating the body, mind and spirit**.

Our **Spiritual Education Program** immerses students in a way of life that fosters inner strength, discipline, and selfless service. Through daily practice and experiential learning, students connect deeply with the spiritual and cultural values that form the foundation of our community.

Students engage in **Kundalini Yoga** to develop physical and mental resilience, alongside the recitation and study of **Japji Sahib and other Sikh prayers (Banis)**, which encourage spiritual focus and self-reflection. **Regular Gurdwara visits** provide students with a direct experience of Sikh teachings, including participation in **Seva (selfless service)** and the collective practice of devotion and humility.

Students also gain exposure to **Kirtan**, learning to play traditional Sikh devotional music as a means of meditative expression. Additionally, they train in **Gatka**, the Sikh martial art that builds physical strength, agility, and discipline.

At Miri Piri Academy, spiritual education is not a subject—it is a way of life. Through these practices, students develop the resilience, discipline, and inner peace needed to lead with wisdom, strength, and service.

We Contemplate
We Serve
We Elevate





An Internationally Recognized Curriculum

At Miri Piri Academy, students follow the globally respected **Cambridge curriculum**, which combines **learning expeditions, project-based activities, and traditional classroom instruction**. This dynamic approach cultivates **critical thinking, creativity, and real-world application**, empowering students with both academic excellence and practical skills.

Students in **Grades 8–10** take a selection of **IGCSE subjects**, including **English, History, Mathematics, and Science**, along with an elective. **Senior students**, preparing for university, have greater independence in choosing their courses, with most classes delivered **online**, offering a **broader range of subjects and greater flexibility** in their academic journey.

Beyond academics, students engage in **art, music, and physical activities**, including **physical training, sports, Gatka, and Kabaddi**, ensuring a **balanced and holistic education** that nurtures both mind and body.



Schooling That Evolves As Students Do

The **MPA curriculum** is designed to prepare students for success both during their time at MPA and beyond. Our program evolves alongside our students, gradually building responsibility, fostering independence, and encouraging self-discovery as they progress through higher grades.

Our **boarding school program for Grades 8–12** is thoughtfully structured to support students at every stage of their development. We blend **high-quality academics with Kundalini Yoga, meditation, and Seva**, creating a balanced and enriching environment where students excel not only in their studies but also in their personal and spiritual growth.

New students begin by learning the **foundational principles** of our path—developing discipline, self-awareness, and a deep connection to service. As they advance, they take on greater challenges, with senior students **leading by example** through **mentorship, leadership roles, and Level 2 Kundalini Yoga modules**. Every step of the journey at MPA is designed to inspire growth, preparing students to navigate life with confidence, resilience, and a strong sense of purpose.



Chardi Kala: Strength in Spirit and Action

At Miri Piri Academy, we embody **Chardi Kala**—the Sikh principle of resilience, optimism, and unwavering strength. Our students learn to live with purpose and integrity through **humility, discipline, courage, and compassion**. They honor the sacred within themselves and others, learning from both success and failure.

With discipline, they commit to hard work, perseverance, and personal growth. They develop courage by stepping outside their comfort zones, expressing themselves with confidence, and standing up for others. Through compassion, they support and uplift those around them, fostering a strong, connected community.

These values are strengthened through daily practice:

- **Naam Japo (Meditate and Self-Reflect)** – Cultivating inner stillness, recognizing the power of words, and centering oneself before taking action.
- **Kirat Karo (Work Hard)** – Approaching every task with dedication, taking responsibility for learning, and actively seeking growth.
- **Vand Chhako (Share with Others)** – Working together, caring for the community, and supporting those in need.

Through these principles, our students develop strength, grace, and the spirit of **Chardi Kala** in all they do.

We Meditate & Self-Reflect
We Work Hard
We Share with Others





Living In The Land Of The Gurus

Miri Piri Academy stands on the **sacred land of Guru Hargobind Sahib Ji**, the sixth Sikh Guru and the founder of the **Miri-Piri** way of life—a balance of **spiritual wisdom and warrior discipline**. Nestled on **13 acres of lush Punjabi farmland** in Chheharta, Amritsar, the academy is just **30 minutes away from the Harmandir Sahib (Golden Temple)**, the spiritual heart of Sikhism.

Our **serene and peaceful campus** provides the perfect environment for **learning, self-discovery, and spiritual growth**. With open fields, tree-lined walkways, and dedicated spaces for yoga, meditation, and martial arts, students experience a **deep connection to nature and the teachings of the Gurus**.

Seva at the **Golden Temple** is a cornerstone of our program, offering students a deeply enriching experience that fosters **humility, gratitude, and a profound connection to Sikh values**. Beyond the Golden Temple, students **immerse themselves in Amritsar's vibrant culture**, participate in **local festivals**, and engage in Seva at nearby gurdwaras. Through these experiences, they cultivate a sense of purpose, belonging, and the joy of serving in a **thriving and interconnected sangat**.

We Focus
We Train
We Elevate



An Opportunity To Travel & Explore The World

Miri Piri Academy students are diverse and have represented 39+ nations, 10+ languages & all of the world's major religions. With **diversity at our core**, we constantly strive to create opportunities for students to learn more about their role as **conscious, global citizens**.

One of the ways we **inspire curiosity and compassion** in our global students is through trips within India. We visit spaces of **spiritual, cultural, educational and historical significance**.

Experience is at the heart of what we do at MPA. **Field trips** let MPA students touch, feel and listen to what they are learning about, which helps them build on classroom instruction and gain a stronger understanding of topics. Trips also spark a sense of adventure and confidence. They provide a pivotal bonding experience between students and staff, and among the student cohort.



We Explore
We Discover
We Rise



The Future Leaders Of Kundalini Yoga Community

Kundalini Yoga Teacher Training Level 1 is a key part of the MPA boarding experience, helping students develop **spiritual maturity, self-awareness**, and the principles of teaching in the Aquarian Age.

In their **first two years**, students build a strong foundation by exploring **spiritual concepts, the lives of the Ten Gurus, Gurdwara protocols, Ardas**, and the **Gurmukhi alphabet**. In their **second or third year**, they take **Level 1 Teacher Training**, developing **leadership skills, self-discipline**, and a deeper connection to their practice. **Senior students** who have already completed Level 1 can further their training by taking **Level 2 modules**.

Miri Piri Academy is dedicated to guiding students to become **resilient, compassionate, and responsible individuals**, prepared to lead with **integrity** and serve with **strength** in the Kundalini Yoga community and beyond.



Preparing Graduates For The Future

The Grade 11/12 Program at Miri Piri Academy is designed to guide students into adulthood by fostering independence, responsibility, and spiritual depth. Our primary goal is to ensure students are fully prepared for the transition to university and the challenges of life beyond graduation.

Academically, we offer two distinct pathways to meet the diverse goals of our seniors. Students may pursue our **Internal MPA Diploma**, a US-style program with a specialized focus on Punjabi language and traditional music. Alternatively, students can enroll in **Cambridge Online** courses through Inventum. To ensure academic success, online studies are conducted in a structured environment on campus, supported by a dedicated teacher and college counseling to facilitate the university application process.

In these final years, students go deeper into our core spiritual and physical practices. This includes completing professional certification through the Kundalini Research Institute (KRI). Depending on their journey at MPA, students graduate with either their **Level 1 or Level 2 Teacher Training**. This balance of academic rigor and professional spiritual training ensures students step confidently into their next phase of life.

