

REIN Holiday Activity with Food (HAF) Programme: Summer 2025, 4th - 29th August

Dear Parent / Carer

Over the past four years REIN has successfully delivered the Holiday Activity with Food (HAF) programme, funded by the DfE through Newham Council, benefiting young people between the age of 10-16yrs eligible for means-tested free school meals (FSM) during school holidays.

We are pleased to announce we will be delivering a summer HAF programme this year. Our programme includes, physical activities, games, workshops, chess, trips, visits, a healthy lunch will be provided each day.

We need your help in ensuring your child can access our summer programme, the key requirement of the scheme is that they are eligible for means-tested FSM, we hope they will have fun, learn more about healthy eating and lifestyles and gain confidence from our HAF programme. Our staff team, all DBS checked, is available to visit your school and meet with you to promote the programme directly, we are also able to support parents / carers to register via the EEQU online portal, which is required to ensure that your child can take part.

For participation, a completed referral form or parental consent is necessary; we can also directly contact parents or carers for consent if we can collect your details as quickly as possible.

Spaces are limited, this year, our programme can accommodate 100 children each day over a four-week period, primarily based in Plaistow, with various trips across London and to theme parks and activities outside London.

For further information or queries, please contact the youth workers who are coordinating our HAF programme, at info@rein.uk.com / haf@rein.uk.com or by phone at 020 7473 5349 / DDI – 020 3929 9869.

Yours sincerely

Paul Leslie Chief Executive Officer Rights and Equalities in Newham (REIN)