

Lister Community School

St. Mary's Road, Plaistow, London, E13 9AE

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Wednesday 13th September 2023

Dear Parents/Carers,

I am writing to let you know about Lister Community School's work with Place2Be, a national charity supporting schools to improve the confidence and wellbeing of children and young people.

Place2Be provides emotional and therapeutic support to children and young people, families and staff in more than 450 schools nationwide.

It gives children and young people a space to express themselves through talking and creative work, and to think about any worries they might have. Place2Be also provides support for parents and staff too. Further information about Place2Be and its work can be found <u>here</u> and <u>here</u>.

Place2Talk

One of the most popular aspects of this service is called 'Place2Talk'. It's open to all children and young people at Lister Community School, and they can make an appointment to spend 20 minutes with a trained counsellor, either by themselves or with a friend. On average, about a third of children and young people who access the service in schools take advantage of this service every year. Children and young people often talk about friendships or any worries they may have.

Place2Be will record your child's name, date of birth, year group, gender, ethnicity, the broad topic of discussion and any actions taken as a result of the session. This information is stored securely. It is used in key coded form to evaluate Place2Be's service and improve our work. Further information about how Place2Be use data can be found <u>here</u>.

Parental Agreement for Accessing Place2Talk

Unless we hear otherwise from you, the school and Place2Be will assume that your child has parent/carers' permission to come to Place2Talk.

If you would prefer that your child does not use this service please complete the slip below and return to the main reception. Paper copies of this letter can also be collected from reception. Should you wish to find out more, please contact Rebecca Fricker (Place2Be Mental Health Practitioner) on <u>Rebecca.Fricker@place2be.org.uk</u> who will be very happy to answer any questions. **Please note this letter is sent each academic year, and so if you had completed the form below last academic year, there is no need to complete this again.**

Kunal Vora Headteacher

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I do not want my child to participate in Place2Talk.
Name of child/young person Form
Name of parent/carer
Signature Date