

Pre-order Menu & Daily Specials

MONDAY

**Japanese
Katsu
Chicken
Curry &
Rice Pots**

TUESDAY

**Chicken
Tinga
Tacos with
Pico de
Gallo &
Guacamole**

WEDNESDAY

**Chicken Kung Po
with egg fried
rice**

**AVAILABLE
DAILY**

Selection of
salads
-0-
Hot grilled
panini
-0-
Selection of
Freshly made
Deli Rolls
-0-
Fresh fruit
-0-
Plain &
flavoured
water

THURSDAY

**Penne Pasta with
a Carbonara
sauce sauce**

Special Diets

Gluten free alternatives
available
-0-
freshly cut baton carrots
or cucumber sticks

**Available Daily:
Burgers & Hot Rolls**

Chicken Burgers Plain or
Spicy
-0-
Vegan burger
-0-
Hot sausage baguette
-0-
Hot jerk chicken wrap

FRIDAY

**Oven baked battered cod
in a brioche bun with
chips and curry sauce pot**