

Principal: Nicola Ashton BA (Hons), NPQH

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19th October 2020

Dear Parent/Carer

Unfortunately there have been further confirmed cases of COVID-19 within the school. This has resulted in the Year 11 bubble being asked to adhere to the following.

**Information for learners who were in school on Wednesday 14th October 2020**

We have followed the national guidance and have identified that your child has been in close contact with the affected person. In line with the national guidance your child must stay at home and self-isolate until Wednesday 28th October inclusive (this amounts to 14 days after the last potential contact). Learners can return following the October Half Term holiday on Monday 2nd November 2020.

**Information for learners who were absent on Monday 12th, Tuesday 13th and Wednesday 14th October 2020.**

Following advice, learners who were absent on the above days should attend school as normal.

Those learners who are isolating need to access work on line. Remote learning work is being set weekly on a Monday morning on Class Charts for all learners who are absent. If you have any difficulties accessing work, please contact [info@kepier.com](mailto:info@kepier.com) or discuss this further with the Year Manager. You can also contact the Department Leader if you have any issues about the work being set. Email addresses can be found on the School website under the 'contact us' tab.

Any learner that is entitled to free School Meals should contact your child's Year Manager if they require a food hamper whilst they are self isolating.

If your child is well at the end of the period of self-isolation, then they can return to usual activities.

Other members of your household do not need to self-isolate and can continue normal activities provided your child does not develop symptoms within the 14 day self-isolation period.

Please see the link to: Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person

<https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>

Registered Office:  
Dairy Lane, Houghton-le-Spring,  
Tyne and Wear DH4 5BH  
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## What to do if your child develops symptoms of COVID-19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

People who do not have symptoms should not request a test unless this has been specifically requested by Public Health England or the local authority.

All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'. The 14-day period starts from the day when the first person in the house became ill. Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, picking up medication, etc, you should ask friends or family. Or you can order your shopping online and medication by phone or online.

If you can, move anyone vulnerable (e.g the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Please see the link to the PHE 'Stay at Home' Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

## Symptoms of COVID-19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough; and/or
- high temperature; and/or
- a loss of, or change in, normal sense of taste or smell (anosmia).

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

## How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19. *Do*

- wash your hands with soap and water often – do this for at least 20 seconds;
- use hand sanitiser gel if soap and water are not available;
- wash your hands as soon as you get home;

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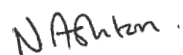
Inspire • Challenge • Support

- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze; and
- put used tissues in the bin immediately and wash your hands afterwards.

### **Further Information**

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours faithfully



Nicola Ashton  
Principal