

HIGHFIELD MIDDLE SCHOOL

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE CHOICES	Pasta King with Vegetarian or Meat Sauce Chilli Con Carne and Rice	Chicken Goujon Wrap with Salsa or Tomato sauce Homemade Macaroni Cheese with Crusty Bread	Roast of the Day with Yorkshire Pudding Chicken Chow Mein Cheese Quesadilla	Pasta King with Vegetarian or Meat Sauce Mince and Dumplings Tuna Cheesy Melts	Sausage Pizza Cheese Quiche
POTATOES PASTA, RICE	Potato Wedges	Herby Potatoes	Roast Potatoes	Mashed Potato	Chips
VEGETABLES	Sweetcorn	Peas	Carrots	Broccoli	Baked Beans
SALAD	Salad Items Served Daily				
STARTER OR SWEETS	Chocolate Brownie	School Cake with Custard	Arctic Roll	Lemon Drizzle Muffin Fruit Mousse	Chocolate Cupcake



Fresh Sandwiches, Jacket Potatoes, Fresh Fruit and Yoghurt available daily
 Drinking water is available daily on the dining room tables



HIGHFIELD MIDDLE SCHOOL

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE CHOICES	Chicken Korma with Rice and Naan Bread Pasta King with Vegetarian or Meat Sauce	Lasagne with Garlic Bread Pizza Baguette Fishcakes	Toad in the Hole Homemade Meatballs in Tomato Sauce	Pasta King with Vegetarian or Meat Sauce Chicken Enchiladas with Nachos	Cheese and Tomato Pizza Fish Fingers Cheese Quiche
POTATOES PASTA, RICE	Potato Wedges	New Potatoes	Mashed Potato	Italian Potatoes	Chips
VEGETABLES	Peas	Sweetcorn	Carrots	Mixed Vegetables	Baked Beans
SALAD	Salad Items Served Daily				
STARTER OR SWEETS	Shortbread Cake	Fruit Sponge or Steam Jam Sponge with Custard	Ice Cream Tubs Fresh Fruit Salad Pots	Apple Crumble	Chocolate Crunch



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HIGHFIELD MIDDLE SCHOOL

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE CHOICES	Chicken Curry Pasta King with Vegetarian or Meat Sauce	Spaghetti Bolognese with Garlic Bread Cheese and Tomato Quesadilla with Salsa	Chicken Casserole and Yorkshire Pudding Fish Cake Cauliflower Cheese	Pasta King with Vegetarian or Meat Sauce Sausage Roll Vegetarian Meatball Baguette	Chicken Bites Cheese and Tomato Pizza Cheese Quiche
POTATOES PASTA, RICE	Potato Wedges and Rice	New Potatoes	Mashed Potato	Roast Potatoes	Chips
VEGETABLES	Sweetcorn	Peas	Carrots	Broccoli	Baked Beans
SALAD	Salad Items Served Daily				
STARTER OR SWEETS	Flapjack	Iced Chocolate Cake with Custard	Jelly with Ice Cream and Fruit Fruit Mousse	Rice Pudding with Jam Sauce	Milkshake Muffin



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