

# WEEK ONE

# HIGHFIELD MIDDLE SCHOOL

## Spring 2024



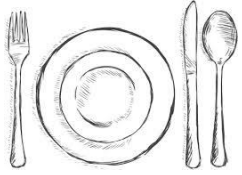
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Pasta King with vegetarian or meat sauce Ham and Cheese or Cheese Panini	Chicken Goujon Wrap with Salsa or Tomato sauce Chilli Con Carne and Rice Homemade Macaroni Cheese with Crusty Bread	Roast of the Day with Yorkshire Pudding Chicken Chow Mein Cheese and Potato Pie	Pasta King with vegetarian or meat sauce Mince and Dumplings Tuna Cheesy Melts	Sausage Pizza Cheese and Broccoli Quiche
Potatoes Pasta/Rice	Potato Wedges	Herby Potatoes	Roast Potatoes	Mashed Potato	Chips
Vegetables	Sweetcorn	Peas	Carrots	Broccoli	Baked Beans
Salad	Salad Items Served Daily	Salad Items Served Daily	Salad Items Served Daily	Salad Items Served Daily	Salad Items Served Daily
Starters or Sweets	Chocolate Brownie with a glass of juice or milk	School Cake with Custard	Cheesecake Arctic Roll	Lemon Drizzle Muffin Fruit Mousse	Iced Cookie with a glass of juice or milk

**Fresh Sandwiches, Jacket Potatoes, Fresh Fruit and Yoghurt available daily**  
**Drinking Water is Available Daily on the Dining Room Tables**

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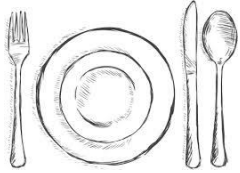


	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main Course Choices</b>	Chicken Korma with Rice and Naan Bread  Pasta King with Vegetarian or Meat Sauce	Lasagne with Garlic Bread  Pizza Baguette  Fishcakes	Toad in the Hole Homemade Meatballs in Tomato Sauce  Cheese and Tomato Quiche	Pasta King with Vegetarian or Meat Sauce  Chicken Enchiladas with Nachos  Vegetable Chow Mein	Cheese and Tomato Pizza  Fish Fingers  Cheese Quiche
<b>Potatoes</b>	Potato Wedges	New Potatoes	Mash Potatoes	Italian Potatoes	Chips
<b>Pasta/Rice</b>					
<b>Vegetables</b>	Peas	Sweetcorn	Carrots	Mixed Vegetables	Baked Beans
<b>Salad</b>	Salad Items Served Daily	Salad Items Served Daily	Salad Items Served Daily	Salad Items Served Daily	Salad Items Served Daily
<b>Starters or Sweets</b>	Shortbread Cake with a glass of juice or milk	Apple Crumble or Steam Jam Sponge with Custard	Ice Cream Tubs Fresh Fruit Salad Pots	Iced Orange and Chocolate Cake Fruit Mousse	Chocolate Crunch with a glass of juice or milk

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**WEEK THREE**

# HIGHFIELD MIDDLE SCHOOL Spring 2024



	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main Course Choices</b>	Chicken Curry Pasta King with Vegetarian or Meat Sauce	Spaghetti Bolognese with Garlic Bread Cheese and Tomato Quesadilla with Salsa Sausage Roll	Roast of the Day with Yorkshire Pudding Fish Cake Cauliflower Cheese	Pasta King with Vegetarian or Meat Sauce Sausage Pie Vegetarian Meatball Baguette	Burger in a Bun Cheese and Tomato Pizza Cheese Quiche
<b>Potatoes</b>	Potato Wedges	New Potatoes	Mash Potato	Roast Potatoes	Chips
<b>Pasta/Rice</b>	Rice				
<b>Vegetables</b>	Sweetcorn	Peas	Carrots	Broccoli	Baked Beans
<b>Salad Bowl</b>	Plated Seasonal Salads	Plated Seasonal Salads	Plated Seasonal Salads	Plated Seasonal Salads	Plated Seasonal Salads
<b>Starters or Sweets</b>	Flapjack with a glass of juice or milk	Iced Chocolate Cake with Custard	Jelly with Ice-Cream and Fruit Fruit Mousse	Rice Pudding with Jam Sauce Rock Bun with Juice	Milkshake Muffin with a glass of juice or milk

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