Personal Development at Highfield Middle School

The personal development of all our students is at the heart of our curriculum. We strive to ensure that pupils leave Highfield Middle School as mature, confident and articulate young people, well prepared and ready for the next phase of their education and for life in modern Britain. Personal development is embedded in many aspects of school life and encompasses both the formal, taught curriculum and wider opportunities and experiences for our students.

Extra-Curricular Opportunities

Pupils have access to a wide range of extra-curricular opportunities which develop their leadership and support their talents and interests. Participation rates are high and we respond to our students' interests.

Spiritual, Moral, Social and Cultural Development

Pupils' spiritual, moral, social and cultural development is enhanced through these **six key areas**.

It is embedded in many aspects of school life and encompasses both the formal, taught curriculum, assemblies and pastoral sessions, and wider opportunities and experiences for our students.

Development of Character

- Highfield rewards system
- Behaviour for Learning
- Representing the school
- Roles and responsibilities
- Assemblies

Well Being

- Staying physically healthy
- Health and well-being
- Understanding changing bodies
- Healthy lifestyle
- Outdoor learning

Wider Opportunities

- Residentials experiences
- Extra-curricular clubs
- School trips
- Visitors to school
- Representing the school
- Cultural experiences

Careers and the Wider World

- British values
- Understanding democracy
- Protected characteristics
- Finance education
- Careers and enterprise
- Employer encounters
- Preparing for the next steps in education
- Charity fundraising

Relationships and Sex Education

- Citizenship
- Healthy relationships
- Peer pressure
- Consent
- Keeping yourself safe
- Reproduction

Staying Safe

- e-Safety
- Road safety
- Water safety
- Firework safety
- Knife-crime workshops
- Recognising risks to their wellbeing
- How to seek help