

Year 8	Autumn term			Spring term			Summer term		
PE (mixed)	Hockey	Marathon Kids	Badminton	Fitness	Indoor Athletics	Tchoukball	Athletics	Rounders	Tennis
Boys games	Rugby	Flag football	Basketball	Football		Lacrosse	Athletics	Cricket	Rounders
Girls games	Football	Netball	Rugby	Gymnastics/ Dance		Basketball	Athletics	Cricket	Rounders
Wet weather	Bench ball/ Sit down volleyball			Table tennis/ Bench ball/ Indoor Cricket/ Badminton			Indoor Cricket/ Indoor Athletics		

Invasion games	Net and wall games	MK/ Athletics	Strike and field	Gymnastics/ Dance
<p>Developing consistency with skills and techniques: accuracy/ timing of runs/ communication etc</p> <p>Leading warm ups</p> <p>Changing tactics and strategies to suit changing situations</p>	<p>Develop own game over larger court</p> <p>Shot selection (improved decision making)</p>	<p>Sustained running - MK</p> <p>Understanding of the long term benefits of health and fitness</p> <p>Set up a simple circuit</p> <p>Further experience of track and field events</p>	<p>Rounders fielding tactics</p> <p>Introduce a change of Rounders equipment</p>	<p>Exploring a range of gymnastics dance movements, demonstrating their creativity by incorporating control, rhythm, timing and aesthetics</p>