

SOUTH TYNESIDE COUNCIL CATERING SERVICES

# SCHOOL MENU

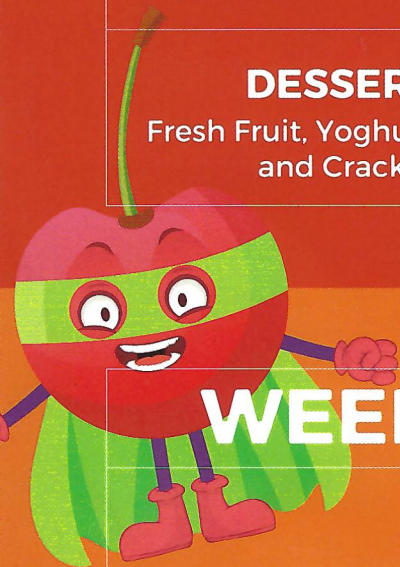
September 2024-July 2025



South Tyneside Council



<b>WEEK 1</b>	<b>MONDAY</b> Planet Friendly	<b>TUESDAY</b>
<b>MAIN COURSE</b>	Crunchy Quorn Dippers with tomato sauce and oven baked wedges 🌱 (Ve) Garden Fresh Bolognese 🌱 (Ve)	Oven Baked Sausage and Mashed Potatoes Power Packed Roast Vegetable Wrap 🌱 (Ve) New
Chef's choice of Seasonal Vegetables, Salad Cart, Crispy		
<b>DESSERTS</b> Fresh Fruit, Yoghurt, Cheese, and Crackers	Homemade Decorated Biscuit 🌱 (Ve)	Cookie Monster Muffin 🌱 (Ve) New



<b>WEEK 2</b>	<b>MONDAY</b> Planet Friendly	<b>TUESDAY</b>
<b>MAIN COURSE</b>	Chef's Special Choice 5-A-Day Pizza (V) Breakfast Muffin (V) New	Vegetable and Mixed Bean Risotto 🌱 (Ve) New Pork & Carrot Meatballs with creamy mash
Chef's choice of Seasonal Vegetables, Salad Cart, Crispy		
<b>DESSERTS</b> Fresh Fruit, Yoghurt, Cheese, and Crackers	Arctic Strawberry Ice-cream Roll (V)	Homemade Syrup Sponge and Custard (V)

<b>WEEK 3</b>	<b>MONDAY</b> Planet Friendly	<b>TUESDAY</b>
<b>MAIN COURSE</b>	Crunchy Topped Macaroni Cheese with Garlic Bread (V) Golden Nugget and Salad Wrap 🌱 (Ve) New	Pasta Pomodoro with crunchy salad (Ve) Beef Mince and Dumpling
Chef's choice of Seasonal Vegetables, Salad Cart, Crispy		
<b>DESSERTS</b> Fresh Fruit, Yoghurt, Cheese, and Crackers	Strawberry Angel Crunch (V)	Various Ice-cream (V)

(V) Vegetarian

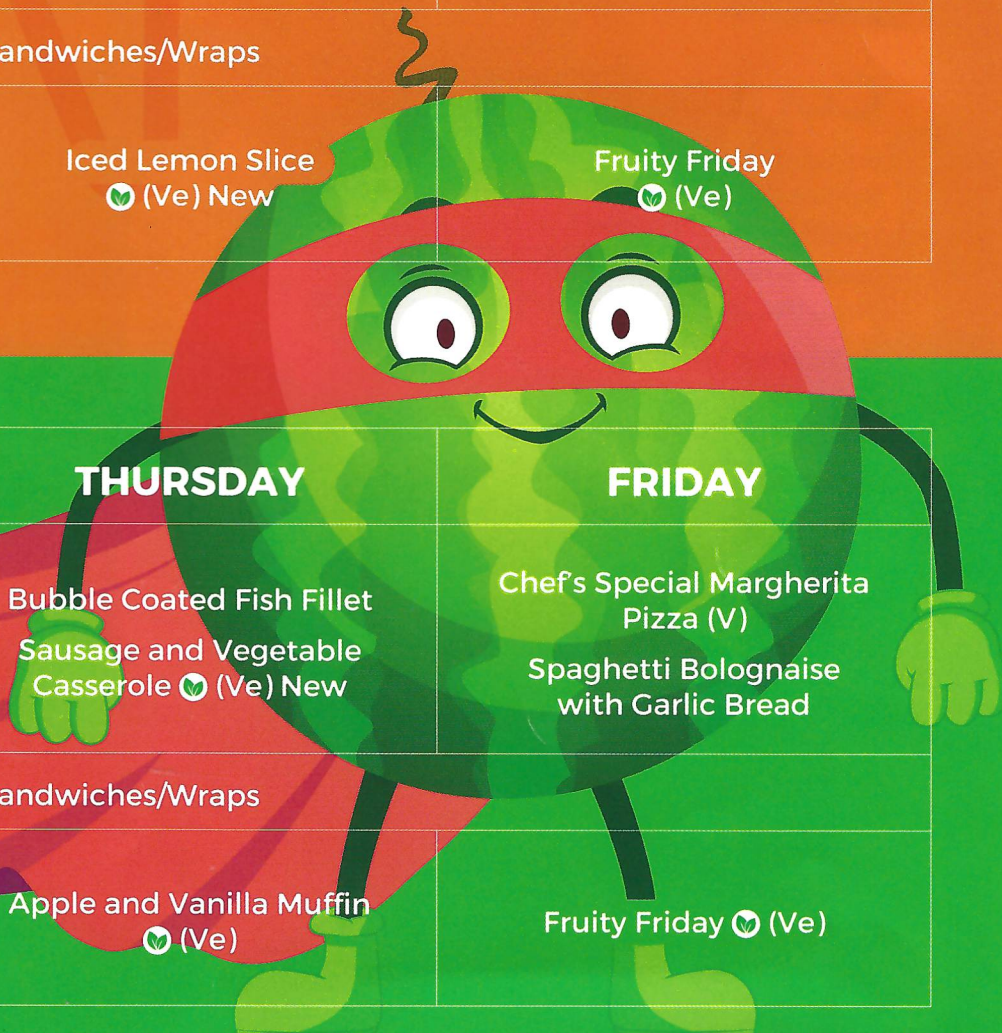
🌱 (Ve) Vegan Planet Friendly

WEDNESDAY	THURSDAY	FRIDAY
Cheese, Tomato, and Basil Pasta Bake (V) Savoury Mince with Yorkshire pudding	Omelette of the week with crunchy salad (V) Chicken and Vegetable Pie	Golden Baked Fish Fingers with chips and tomato sauce Chefs Special Pizza (V)
Baked Jacket Potato, and filling (Ve), Fresh Sandwiches/Wraps		
Jelly and Ice-Cream (V)	Chocolate Brownie (Ve)	Fruit Friday (Ve)



WEDNESDAY	THURSDAY	FRIDAY
Roast Chicken with sage and onion stuffing One Pot Pasta (V) New	Homemade Curry Rice and Naan Bread Cheese Flan (V)	Fishcake Star with potato wedges Crispy Cottage Pie (Ve)
Baked Jacket Potato, and filling (Ve), Fresh Sandwiches/Wraps		
Fruit Jelly Sundae (V)	Iced Lemon Slice (Ve) New	Fruity Friday (Ve)

WEDNESDAY	THURSDAY	FRIDAY
Roast of the Day with Yorkshire Pudding Vegetable and Lentil Curry with Sunshine Rice (V)	Bubble Coated Fish Fillet Sausage and Vegetable Casserole (Ve) New	Chef's Special Margherita Pizza (V) Spaghetti Bolognaise with Garlic Bread
Baked Jacket Potato, and filling (Ve), Fresh Sandwiches/Wraps		
Piped Chocolate Shortbread (Ve) New	Apple and Vanilla Muffin (Ve)	Fruity Friday (Ve)



# Parents/Carers!

Please contact the Catering Team if:

- your child has a food allergy, food intolerance or requires a special diet
- you would like to know more about how we manage special diets
- you would like more information about the School Meals Service

We do not knowingly use peanuts, nuts or peanut based products in the provision of our school meals. However some products may be produced in a factory where nuts and peanuts are used therefore we cannot guarantee that all products are always nut free and peanut free.

Every effort is made to ensure that customers with food allergies do not receive food containing allergens. However we cannot guarantee 100% that meals are allergen-free.

For more information about common allergens present in our recipes, please visit: [www.southtyneside.gov.uk/schoolmeals](http://www.southtyneside.gov.uk/schoolmeals) or contact an Area Manager for advice.

Please see link below:

<https://www.southtyneside.gov.uk/article/36387/Food-allergies-and-special-diets>

**If you think your child may be entitled to free school meals and milk contact your school office or download an application form from the web address.**

If you would like help to complete the form please contact the Council's Call Centre on 0191 427 7000.



## Contact Details

We want to hear your views of the School Catering Service. If you have a comment about our service or would like any further information, please contact us at:

South Tyneside Council, Catering Services,  
Town Hall and Civic Offices, Westoe Road, NE33 2RL.

### Call Centre Telephone:

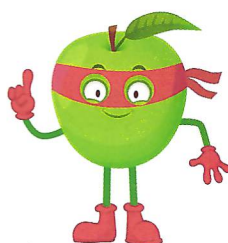
0191 427 7000 (Telephone calls to South Tyneside Council may be recorded.)

### Opening Hours:

8.00am to 8.00pm Monday - Friday and  
9.00am to 1.00pm on Saturdays.

**E-mail:** [customerhelp@southtyneside.gov.uk](mailto:customerhelp@southtyneside.gov.uk)

**Website:** [www.southtyneside.gov.uk/schoolmeals](http://www.southtyneside.gov.uk/schoolmeals)



## THEMED DAY MENU'S

We hope to see your children joining us. Please check with School for this information.

<b>NATIONAL SCHOOL MEALS</b>	<b>NOV 24</b>
<b>SPRING FLING</b>	<b>MARCH 25</b>
<b>ECO-WARRIOR</b>	<b>MAY 25</b>
<b>FUN IN THE SUN</b>	<b>JULY 25</b>