

Primary School Menu Matrix

September 2026 – JULY 2027 **UPDATED**

! = possible contamination V = does contain **PLEASE CHECK ALL PACKAGING THOROUGHLY**

Menu Item	Cereals (Gluten)	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Celery Celeriac	Mustard	Sesame	Sulphur	Lupin	Molluscs	MEAL NUMBERS
Main Meal WK 1 Mon-Fri	Gl	Cr	Eg	Fi	Pe	So	Mi	Nu	Ce	Mu	Se	Su	Lu	Mo	
Breakfast Muffin JJS VEG869	√		√				√				!				
Homemade 5 A-Day- Pizza (Bread Mix)	√		!			√	√								
Greek Style Crumbed Moussaka	√						√								
Spaghetti Bolognaise with Garlic Bread	√								√						
One Pot Power Pasta JJS QUORN VEG143	√														
Chicken with Yorkshire Pudding JJS CHI738	√		√				√								
Cheese and Vegetable Picnic Quiche	√		√				√			√					
Homemade Chicken and Lentil Curry, Rice and Naan Bread Freemans	√		√			√	√		!			!			
Quorn Salad Crunch Wrap	√		√			!	!			√		√			
Big Tasty Fishcake JJS FSH709	√			√											
Main Meal WK 2 Mon-Fri	Gl	Cr	Eg	Fi	Pe	So	Mi	Nu	Ce	Mu	Se	Su	Lu	MO	
Golden Quorn Dippers JJS VEG966	√		!			!	!					!			
Crunchy Macaroni Cheese with Garlic Bread	√						√								
Sri Lankan Sweet Potato and Coconut Curry	√						√								
Carrot and Pork Meatballs JJS POR088												√			

[illegible]

Fruit Jelly Sundae							√								
Sweet Potato Cake	√						√								
Fruity Friday															
Desserts WK 2 Mon-Fri															
Rainbow Cookies	√														
Various Ice Cream							√								
Homemade Chocolate Steam sponge and Custard	√		√				√								
Caramel Slice	√						√								
Fruity Friday															
Desserts WK 3 Mon-Fri															
Golden Fruity Flapjack	√														
Arctic Strawberry Ice Cream Roll JJS ICE056	√		√			√	√								
Fruity Iced Dessert							√								
Decorated Marble Cake	√		√			√	√								
Fruity Friday															
Vegetables & Accompaniments	Gl	Cr	Eg	Fi	Pe	So	Mi	Nu	Ce	Mu	Se	Su	Lu	Mo	
Baked potato wedge															
Baked potato with cheese							√								
Baked Potato with margarine Dawn Phase															
Boiled potatoes															
Chips															
Creamed potatoes							√								
Garlic potato wedge															
Herb diced potatoes															
Mediterranean diced potatoes															
Oven roast potatoes															
Pasta	√														
Savoury noodles hot	√		√	!		√	√		√						
Savoury pasta hot	√			!		√	!		√						

Spicy oven roast potatoes																
Sunshine rice																
White Rice																
Cheese triangle							√									
Crackers	√															
SANDWICH FILLINGS – PLEASE CHECK BREAD PRODUCT SPECS LOCATED IN BACK OF ALLERGEN FILE																
Cheese							√									
Cheese savoury/mayo or salad cream			√				√			√						
Chicken sliced Freemans																
Chicken/mayo or salad cream fresh chicken from Freemans			√				√			√						
	Gl	Cr	Eg	Fi	Pe	So	Mi	Nu	Ce	Mu	Se	Su	Lu	Mo	No's	
Egg/mayo or salad cream			√							√						
Sliced Ham Freemans																
Tuna				√												
Tuna/mayo or salad cream			√	√			√			√						
Sliced Turkey Freemans																
Any Fresh Fruit																
Coleslaw with mayo/salad cream			√							√						
Couscous (veg)	√															
Cucumber																
Egg salad with mayo/salad cream	√		√			!	√			√	!					
Eggs (boiled)			√													
Lettuce																
Pasta salad with vegetables (except celery)	√															
Pasta salad with vegetables (except celery) and	√		√							√						

