

Summer Holidays



South Tyneside Council

A newsletter brought to you by Lisa Murphy, School Poverty Policy Officer (South Tyneside Council)

VOL. 1, ISSUE 2

11/07/2026

Feeding your kids during the summer

Click the [link](#) to see all Restaurants, Pubs and Cafes where kids can eat free during the various UK 2026 school holidays.

Get two free kids' breakfasts at [Beefeater](#) in school holidays with every adult breakfast purchased.

Get a free unlimited buffet breakfast for two under 16s at [Brewers Fayre](#) when you buy an adult breakfast in school holidays.

Kids eat for £1 in [Sainsbury's cafés](#) when you purchase a hot adult's meal. The offer is available year-round from 11.30am.

Kids eat for £1 All Day, Every Day at [Asda](#) cafes, with no adult spend required, for the entire year (including half terms).

Kids eat free all day every day in [Morrisons cafés](#) when you buy an adult meal that costs more than £5.

[Angus Steakhouse](#) restaurants - Children aged 8 and under can enjoy a complimentary Kids Menu dish when accompanied by a full-paying adult.

Kids Eat Free at [Bella Italia](#) - Sunday to Thursday

[Chiquito](#) - Kids eat free with the purchase of an adult main during the school holidays

[Frankie and Benny's](#) - Kids eat free with the purchase of an adult main.

[IKEA](#) - Kids can enjoy Kids Pasta with Tomato Sauce for 95p, served with a drink and a piece of fruit.

Download the app and join '[My Las Iguanas](#)' for free meals for mini Iguanas ages 12 and under.

For further support contact lisa.murphy@southtyneside.gov.uk



Family Hubs events over half term, click the [link](#) and search for activities close to where you live.

Find a [family hub](#) near you!

[Hospitality and Hope](#)—Our much loved ACTIVITIES HUB offers FREE daytime activities, evening classes & workshops for between 8-10 people weekly and is located within or adjacent to our [Community Shops](#) at Horsley Hill (NE34 7HE) & Hudson Street (NE34 0AD) for residents within 1.5 miles of all three Community Shops. Offering longer and deeper support.

Summer Reading Challenge 2026 at The Word, South Shields.



This year's theme is **Read to the Beat!** Celebrate the joy of music and the power it has to move, inspire, and connect us - all through the magic of reading. From Saturday 4 July - Saturday 12 September, children can sign up at a local library and enjoy rewards along the way – for FREE. [Find out more](#)

[Find & apply for financial support | Lightning Reach](#)

Lightning Reach is a **free, secure online portal** that helps people find and apply for financial support they may be eligible for.



It works with **2,500+ providers** and can help with costs such as **energy bills, rent, council tax, essential items, food, and clothing**.

You'll need an **email address** to sign up. Answer a few questions about your situation, and Lightning Reach will suggest relevant support and allow you to **apply directly through the portal**.

Movies—Deals

[Money saving central](#) have great advice on cheap cinema tickets.

[Cineworld](#) have a variety of offers including "Movies for Juniors". Tickets start from £2. Tesco Tuesday—£5 per ticket. Martin Scorsese film season—£5.99 a ticket when booked online.

[Vue](#)— Family Films at Vue—Tickets **from** £2.49 when booked online

[Customs House](#) in South Shields have some great offers.



South Tyneside Council

Library events and activities:

Boldon and Cleadon Community Library

Cleadon Park Library

**Jarrow Focus
Library**



Scan Me

The Word

**Library at
Hebburn Central**



South Tyneside Council

South Tyneside Festival



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Holiday Activities + Food Summer

FREE

MON 22ND JULY – SUN 1ST SEPTEMBER

For young people aged 5-16 years (18 SEND) and in receipt of benefit related free school meals.

For more information and eligibility please call **0191 424 0118**, email **haf@southtyneside.gov.uk** or visit **www.southtyneside.gov.uk/holidayclub**

Booking is available from the 1st July at 3.30pm.

**TO BOOK
SCAN ME**



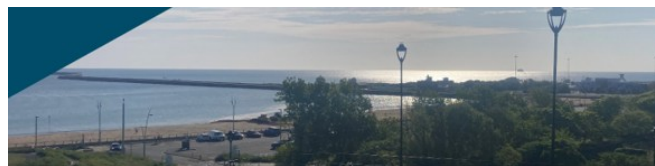
Funded by:



Department for Education



SEND
LOCAL OFFER



South Tyneside's Community Page

Activities 606 to choose from

Search 606 activities

Health and Wellbeing SEND Family Support Services Children and Young People Women Only Men Only



PLINTH

Inspire South Tyneside are working in partnership with Plinth to ensure our community can find everything in one place for all needs. So no event or opportunities go unnoticed.



SCAN FOR THE COMMUNITY PAGE

PLINTH IS A FREE PLATFORM TO VIEW:

- COMMUNITY GROUPS
- HEALTH AND WELLBEING DROP INS
- FAMILY SUPPORT GROUPS
- VOLUNTEERING OPPORTUNITIES
- AND MUCH MORE!!



SCAN FOR THE VOLUNTEER PAGE



inspiresouthtyneside.co.uk



FOR every FAMILY
SOUTH TYNESIDE FAMILY HUBS

Tel: 0800 783 4645
Web: www.southtynesidefamilyhubs.co.uk
Email: familyhubs@southtyneside.gov.uk

FAMILY HUB SURVEY
SCAN ME 

In Partnership with:









Summer

ACTIVITY GUIDE

All Saints, Marine Park, Riverside Family Hub

For more information and/or to book a space on an activity,
please contact the hosting Family Hub.
* Booking Required

VISIT OUR WEBSITE
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Week 1 Theme - Here come's Summer

Monday 20th July	Tuesday 21st July	Wednesday 22nd July	Thursday 23rd July	Friday 24th July
Tiny Tweeties* Riverside (1-4 years) 10:00am-11:00am Williby Rocs* Riverside (4+ years) 1:30pm-2:30pm  	Sensory Bottle Creations - (SEND) <i>For children with additional needs</i> All Saints (Under 8 years) 9:30am-10:30am Breastfeeding Support Group Marine Park 10:00am-11:00am Huff and Puff Bubble Fun (Young Parents Group) Riverside (0-4 years) 1:30pm-3:00pm 	People Who Help Us All Saints (0-4 years) 9:30am-10:30am People Who Help Us All Saints (0-4 years) 11:00am-12:00pm  anya Anya app provides parents and parents-to-be with vital support on their breastfeeding and parenting journey, anytime, anywhere.  	Nursery Rhyme Sensory Time Marine Park (0-1 years) 10:00am-11:00am Shark in the Park Fun Marine Park 0-4 years 1:30pm-2:30pm Rumble in the Jungle (Twins, Triplets and More) All Saints 0-4 years 1:30pm-2:30pm 	Let's Make a Memory All Saints (0-1 years) 9:30am-10:30am Breastfeeding Support Group All Saints 11:00am-12:00pm  Bug Boxes (Dad's Group) Riverside 1:30pm-2:30pm

*To book a space on an activity contact: All Saints: 0191 420 7657 Riverside: 0191 423 4971 Marine Park: 0191 456 5418

For further details of what is on week 2-6, please use the QR Code

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All Saints



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SOUTH TYNESIDE FAMILY HUBS

Tel: 0800 783 4645
Web: www.southtynesidefamilyhubs.co.uk
Email: familyhubs@southtyneside.gov.uk

FAMILY HUB SURVEY
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Summer
ACTIVITY GUIDE
Bede, Biddick, Boldon Family Hubs

For more information and/or to book a space on an activity, please contact the hosting Family Hub.

In Partnership with:





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Week 1 Theme - We're Going on a Bear Hunt

Monday 20th July	Tuesday 21st July	Wednesday 22nd July	Thursday 23rd July	Friday 24th July
We're Going on a Bear Hunt Bede (0-4 years) 10:00am-11:00am We're Going on a Bear Hunt (SEND) Biddick Hall and Whiteleas (0-4 years) 10:00am-11:00am Tiny Tweeties* Bede (1-4 years) 1:00pm-2:00pm 	Roots and shoots Allotment session Bede (2 years plus) 1:00pm-2:00pm Please wear suitable clothing for outside  anya Anya app provides parents and parents-to-be with vital support on their breastfeeding and parenting journey, anytime, anywhere. DISCOVER MORE SCAN ME  	We're Going on a Bear Hunt Biddick Hall And Whiteleas (0-1 years) 10:00am-11:00am  	We're Going on a Bear Hunt Biddick Hall (0-4 years) 9:30am-10:30am  We're Going on a Bear Hunt Boldon (0-1 years) 1:30pm-2:30pm	We're Going on a Bear Hunt Boldon (0-4 years) 9:30am-10:30am Willibby Rocs* Biddick Hall and Whiteleas (4+ years) 10:00am-11:00am  

** To book a Baby Clinic appointment please ring 0191 283 2677

*To book a space on an activity contact: Bede: 0191 422 0030 Biddick: 0191 423 4980 Boldon: 0191 519 5920

For further details of what is on week 2-6, please use the QR Code

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Bede



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Email: familyhubs@southtyneside.gov.uk

FAMILY HUB SURVEY
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BEST START IN LIFE | **FOR every FAMILY**

Summer*

ACTIVITY GUIDE

Hebburn, Jarrow, Primrose Family Hubs

For more information and/or to book a space on an activity, please contact the hosting Family Hub.
* Booking Required

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South Tyneside Alliance
Adding years to life and life to years

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Week 1 Theme - Wild animals

Monday 20th July	Tuesday 21st July	Wednesday 22nd July	Thursday 23rd July	Friday 24th July
Who's Hiding on Safari? Carr Ellison Park, Hebburn (0-4 years) 10:30-11:30am Well Baby Clinic** Primrose (0-4 years) 1:30-2:30pm   	Tiny Tweeties* Primrose (1-4 years) 10:00-11:00am Who's at the Zoo? Jarrow (0-4 years) 1:30-2:30pm Williby Rocs* Jarrow (4+ years) 1:30-2:30pm 	Well Baby Clinic** Hebburn 9:30-11:00am Breastfeeding Support Group Hebburn 11:00-12:00pm  	Rumble in the Jungle (Young Parents Group) Primrose (0-4 years) 10:30-11:30am In the Jungle (SEND) Hebburn (0-4 years) 1:30-2:30pm  	Peekaboo Lion (Twins, Triplets & More) Hebburn (0-4 years) 10:00-11:00am Walking Through the Jungle Primrose (0-4 years) 10:00-11:00am Dear Zoo Jarrow (0-4 years) 1:30-2:30pm 

**To book a Weigh Clinic appointment please ring 03033 307700

To book a space on an activity contact: Hebburn: 0191 428 7650 Jarrow: 0191 483 6630 Primrose: 0191 424 4900

For further details of what is on week 2-6, please use the QR Code

VISIT OUR WEBSITE
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Hebburn



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Email: familyhubs@southtyneside.gov.uk



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**BEST
START
IN LIFE**

**FOR every
FAMILY**

Summer ACTIVITY GUIDE

Horsley Hill, Ridgeway, Whitburn & Marsden

For more information and/or to book a space on an activity,
please contact the hosting Family Hub.
* Booking Required



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Week 1 Theme - Bugs Galore

Monday 20th July

**Grandparents Group,
Incy Wincy Explorers**
Horsley Hill
(0-4 years)
10:00am-11:00am

Willibby Rocs*
Ridgeway
(5 years +)
10:00am-11:00am

**The Very Hungry
Caterpillar**
Whitburn
(0-4 years)
1:30pm-2:30pm



Tuesday 21st July

**Incy Wincy Explorers
(SEND)**
Horsley Hill
(0-4 years)
10:00am-11:00am

**The Very Hungry
Caterpillar**
Horsley Hill
(0-4 years)
1:30pm-2:30pm



**HAF funded Summer
Yoga Camp***
Horsley Hill
(age 5-12 years)
9:00am-1:00pm

Wednesday 22nd July

Creepy Crawly Senses
Whitburn & Marsden
(0-1 years)
9:30am-10:30am

**The Very Hungry
Caterpillar**
Ridgeway
(0-4 years)
9:30am-10:30am



Tiny Tweeties*
Horsley Hill
(1-5 years)
1:30pm-2:30pm

**HAF funded Summer
Yoga Camp***
Horsley Hill
(age 5-12 years)
9:00am-1:00pm

Thursday 23rd July

Creepy Crawly Senses
Ridgeway
(0-1 years)
10:00am-11:00am

**Breastfeeding
Support Group**
Ridgeway
11:00am-12:00pm

Creepy Crawly Senses
Horsley Hill
(0-1 years)
1:00pm-2:00pm



Friday 24th July

Animal Antics*
Horsley Hill
(4 years plus, younger
siblings welcome)
10:00am-11:00am

**HAF funded Summer
Yoga Camp***
Horsley Hill
(age 5-12 years)
9:00am-1:00pm



anya
Anya app provides parents
and parents-to-be with
vital support on their
breastfeeding and parenting
journey, anytime, anywhere.

DISCOVER
MORE
SCAN ME



*To book a space on an activity contact: Horsley Hill: 0191 456 9404 Ridgeway: 0191 456 7751 Whitburn: 0191 456 9404

**For further details of what is on week 2-6, please
use the QR Code**

Horsley Hill

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South Tyneside Council

SOUTH TYNESIDE
YOUTH
SERVICE
INVESTING IN YOUNG PEOPLE

South Tyneside Council

ALL ACTIVITIES ARE FREE TO ATTEND.

SUMMER FOR YOUTH ACTIVITIES TIMETABLE

To book, email: youthservice@southtyneside.gov.uk
Follow @southtynesideyouthservice on Facebook to keep up to date with details, times and more.

0191 424 0118
youthservice@southtyneside.gov.uk

SCAN ME

Spread the word! THIS IS SOUTH TYNESIDE



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WEEK 1 (AGES 10-16)

DATE	ACTIVITY	TIME
Mon 20th July	Outdoor Adventure Day Water Sports	9:30am-3:30pm
Tues 21st July	Outdoor Adventure Day Outdoor Climbing	9:30am-3:30pm
	Youth Multi-Activity Day Simonside Climbing Wall	11:00am-2:00pm
Wed 22nd July	Outdoor Adventure Day Mountain Biking	9:30am-3:30pm
	Youth Multi-Activity Day The Hut Youth Project	3:30-7:30pm
Thurs 23rd July	Outdoor Adventure Day Hiking	9:30am-3:30pm
	Surf Session South Shields Surf School	2-4pm
Fri 24th July	Outdoor Adventure Day Kayak Journey	9:30am-3:30pm

WEEK 2 (AGES 10-16)

DATE	ACTIVITY	TIME
Mon 27th July	Outdoor Adventure Day Water Sports	9:30am-3:30pm
Tues 28th July	Outdoor Adventure Day Outdoor Climbing	9:30am-3:30pm
	Youth Multi-Activity Day Simonside Climbing Wall	11:00am-2:00pm
Wed 29th July	Outdoor Adventure Day Mountain Biking	9:30am-3:30pm
	Youth Multi-Activity Day The Hut Youth Project	3:30-7:30pm
Thurs 30th July	Outdoor Adventure Day Hiking	9:30am-3:30pm
	Surf Session South Shields Surf School	2-4pm
Fri 31st July	Outdoor Adventure Day Kayak Journey	9:30am-3:30pm

WEEK 3 (AGES 10-16)

DATE	ACTIVITY	TIME
Tues 4th Aug	Youth Multi-Activity Day Simonside Climbing Wall	11:00am-2:00pm
Wed 5th Aug	Youth Multi-Activity Day The Hut Youth Project	3:30-7:30pm
Thurs 6th Aug	Surf Session South Shields Surf School	2-4pm

WEEK 4 (AGES 10-16)

DATE	ACTIVITY	TIME
Tues 11th Aug	Youth Multi-Activity Day Simonside Climbing Wall	11:00am-2:00pm
Wed 13th Aug	Paddle Boarding & BBQ Water Activity Centre	Girls 9:30am-1:00pm Boys 12:00-3:30pm
	Youth Multi-Activity Day The Hut Youth Project	3:30-7:30pm
Thurs 14th Aug	Surf Session South Shields Surf School	2-4pm

WEEK 5 (AGES 10-16)

DATE	ACTIVITY	TIME
Thurs 21st Aug	Surf Session South Shields Surf School	2-4pm

WEEK 6 (AGES 10-16)

DATE	ACTIVITY	TIME
Thurs 14th Aug	Surf Session South Shields Surf School	2-4pm



South Tyneside Council

Kids Fun Fest Events Calendar



**Every Tuesday and
Thursday
14.00 – 16.00
South Shields
Amphitheatre**



South Tyneside Council

Visit South Tyneside



Check the local "Visit South Tyneside" calendar weekly. Lots of small pop-up events get added (craft sessions, park activities, performances)

North East Museums



South Tyneside Council

Scan the QR code to find a list of activities throughout July and August.

Venues:

Arbeia, South Shields Roman Fort

Discovery Museum

Great North Museum: Hancock

Hatton Gallery

Hexham Old Gaol

Laing Art Gallery

Morpeth Chantry Bagpipe Museum

Segedunum Roman Fort

Shipley Art Gallery

South Shields Museum and Art Gallery

Stephenson Steam Railway

Tyne and Wear Archives

Woodhorn Museum



Transport—Planning your journey

Metro/ Ferry—Up to three children aged 11 and under can travel for free on the Metro and the Shields Ferry when accompanied by a fare-paying adult.

POP card

Children can travel at concessionary child fares all day, every day on all **public transport** in Tyne and Wear if they have an Under 16 Pop card. Apply using the [link](#).





South Tyneside Council



[SEND family fun day Tickets, Monday 10 August • 10 AM - 3 PM | Eventbrite](#)